

Planetary Health Report Card:

Keele University



2021-2022

Contributing Team:

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Summary of Findings

Overall A
Curriculum A-

- The Keele Curriculum has strong integration of the effects of pollution, extreme weather and the effect on the pattern of infectious disease, as well as health inequalities, with these sessions being delivered in a variety of ways. The importance of Planetary Health is revisited every year allowing students to build on their learning and to introduce them to new Planetary Health concepts.
- To further improve, sessions covering neuropsychological and reproductive health effects of climate change and pollution could be included. There should also be more guidance on conversations with patients about the effect that climate change has on health.

Interdisciplinary Research

A

- The University as a whole has a strong research focus on sustainability and factors that affect planetary health. From sustainable energy to food security, the sustainability research at Keele is very varied. Also, the medical school has several members of staff undergoing sustainable research within prescribing in primary care.
- To improve, the research undertaken should have a process by which communities disproportionately impacted by climate change and environmental injustice give input or make decisions about the research agenda.

Community Outreach and Advocacy

B+

- The Medical School has meaningful links with several community organisations that form community placements for students. Keele is involved with many different community organisations aimed at promoting sustainability and planetary health to our local community. There are also Student Union events such as Green Festival focusing on the university community.
- To improve, patient facing educational materials supplied by the associated hospital trusts in regard to environmental exposure need to be developed.

Support for Student-Led Initiatives

A-

- Funding is available for student projects throughout the university, which medical students are eligible to apply. Since the last report, the medical school has developed a sustainability focused webpage.
- In order to improve, a specific planetary health student group would further engage students.

Campus Sustainability

A+

- At Keele, sustainability is very important and this is evident throughout the current projects and initiatives on our main university campus. It is hard to suggest improvements, with a clear carbon neutral goal and entirely renewable energy. Transport has been considered, with medical placements accessible by public transport.
- The only thing that could be improved is making student run events at the medical school abide by the sustainable guidelines and making this a requirement in order for their event to run.

Statement of Purpose

Planetary health is human health.

The Planetary Health Alliance describes planetary health as "a field focused on characterizing the human health impacts of human-caused disruptions of Earth's natural systems." This definition is intentionally broad, intended to encompass the multitude of ways that the environment can affect health, including water scarcity, changing food systems, urbanization, biodiversity shifts, natural disasters, climate change, changing land use and land cover, global pollution, and changing biogeochemical flows. The health of humanity is dependent on our environment and our environment is changing rapidly and in disastrous ways. Although the World Health Organization has called climate change "the greatest threat to global health in the 21st century," many medical school's institutional priorities do not reflect the urgency of this danger to human health.

As future health professionals, we must be prepared to address the impacts of human-caused environmental changes on our patients' health. This preparation is in the hands of the institutions providing our medical training. It is imperative that we hold our institutions accountable for educating medical students about the health impacts of climate change and other anthropogenic environmental changes, generating research to better understand health impacts and solutions, supporting related student initiatives, embracing sustainable practices as much as possible, and engaging with surrounding communities that are most affected by environmental threats. Because climate change and environmental threats disproportionately affect vulnerable populations (for example, communities of color, older adults sensitive to health threats, and individuals in low-resource settings), these issues are inherently ones of equity and justice.

With the purpose of increasing planetary health awareness and accountability among medical schools, we have created a Planetary Health Report Card that medical students internationally can use to grade and compare their home institutions on an annual basis. This medical-student-driven initiative aims to compare medical schools nationally and internationally on the basis of discrete metrics in five main category areas: 1) planetary health curriculum, 2) interdisciplinary research in health and environment, 3) University support for student planetary health initiatives, and 4) community outreach centered on environmental health impacts 5) medical school campus sustainability.

Definitions & Other Considerations

Definitions:

- Planetary Health: is described by the *Planetary Health Alliance* as "the health of human civilisation and the state of the natural systems on which it depends". For example, topics such as climate change, declining biodiversity, shortages of arable land and freshwater, and pollution would all fall under the realm of planetary health. Both planetary health and traditional 'environmental health' examine the relationship between human health and the external environment, including extreme temperatures, chemicals, vector-borne diseases, etc. Planetary health explicitly concerns itself with the potential health harms associated with human-caused perturbations of natural systems. Therefore, the human health focus of planetary health makes the field well-adapted for the context of medical school education. Throughout this report card, we use the term planetary health to refer to this broad swath of topics, but resources do not need to explicitly include the term "planetary health" to satisfy the metric.
- Education for Sustainable Healthcare (ESH): is defined as the process of equipping current and future health professionals with the knowledge, attitudes, skills and capacity to provide environmentally sustainable services through health professional education, thus working to decrease the enormous environmental impact of the healthcare industry. Planetary Health Education is an integral part of this education rather than an end in itself. This is because knowledge on Planetary Health is required to be able to fully understand the necessity of sustainable healthcare as well as being part of the broader knowledge needed to fully protect and promote health. In summary, ESH is covered by the three Priority Learning Outcomes of the Centre of Sustainable Healthcare below, and Planetary Health Education is embraced in the first learning objective and is a fundamental requirement to achieve learning outcomes 2 and 3:
 - 1. Describe how the environment and human health interact at different levels.
 - 2. Demonstrate the knowledge and skills needed to improve the environmental sustainability of health systems.
 - 3. Discuss how the duty of a doctor to protect and promote health is shaped by the dependence of human health on the local and global environment.
- Medical School vs. Institution: When "medical school" is specified in the report card, this only refers to curriculum and resources offered by the School of Medicine and does not include offerings from other parts of the university (for example, undergraduate departments (USA), other related departments eg Public Health, Population Health departments). In contrast, when "institution" is specified in the report card, we are referring to the university more broadly. Any resource reasonably accessible by medical students, no matter where in the institution the resource comes from or if it is specifically targeted for medical students, can meet this metric.

- Environmental history (Metric 19 in curriculum section): This is a series of questions providers are taught to ask during medical encounters that elicits patients' exposures and environmental risk factors. Historically, this has included consideration of exposures like pesticides, asbestos, and lead, though in the modern era shaped by climate change, it can be expanded to include things like wildfire smoke exposure, air pollution and mold after flooding. Key components include place of residence over the lifecourse, occupational history, food and water sources (e.g. meat from industrial feeding operations, regular fishing in contaminated water, access to clean drinking water), and exposure to air pollution.
- **Elective:** The word "elective" refers to an optional course or lecture series that a medical student can opt to take part in but is not a requirement in the core curriculum. Generally, these elective courses take place in the preclinical curriculum but vary by school.
- Clerkship: This is a term used in the USA to refer to placements that medical students go on e.g. Pediatrics, General medicine, Psychiatry. In the UK these are referred to as rotations or placements.

Other considerations:

• If there are more than one "tracks" at your medical school with two different curricula (for example, Harvard Medical School has a Pathways and HST curriculum track), you can choose to fill out a report card for each track, or fill out just one report card and average the scores received by each track in cases where the scores are different (see the 2021 Harvard or Oxford report cards as example).

Many examples were copied and pasted from the 2020 and 2021 school-specific Planetary Health Report Cards and as such, can give you a sense of the level of detail requested in qualitative explanations.

Planetary Health Curriculum

<u>Section Overview:</u> This section evaluates the integration of relevant planetary health topics into the medical school curriculum. Today's medical students will be on the frontlines of tackling the health effects of climate and other environmental changes. Therefore, it is critical that medical students are trained to understand the health effects of these changes, as well as planetary health issues and principles more broadly. Topics like the changing geography of vector-borne diseases, the health consequences of air pollution, environmental health inequities, and disaster response principles must be part of every medical school's core curriculum.

Curriculum: General

1. Did your medical school offer elective courses (student selected modules) to engage students in Education for Sustainable Healthcare or Planetary Health in the last year?	
3	Yes, the medical school has offered more than one elective whose primary focus is ESH/planetary health in the past year.
2	Yes, the medical school has offered one elective whose primary focus is ESH/planetary health in the past year.
1	The medical school does not have any electives whose primary focus is ESH/planetary health, but there are one or more electives that include a lecture on planetary health.
0	No, the medical school has not offered any electives on planetary health or electives that include ESH/planetary health topics in the past year.

Score explanation: Keele University offers students the opportunity to gain a greater insight into sustainability and planetary health through various academic mini review topics such as 'developing sustainable approaches to 21^{st} century healthcare challenges', 'the effect of air pollution on health', 'greener NHS- How can the national health services emit net zero carbon by 2040', and 'Is it beneficial to switch to fully synthetic heparin' that students can choose from in their first year. Year 2 medical students are provided the opportunity to review sustainability and planetary health within the community through their community partnership placements which are longitudinal placements throughout the year. In the latter 3 years of the degree, medical students at Keele can choose electives that have a sustainability focus. For example, a Global Health student selected component or choose to spend their electives in final year in a country where they explore planetary health.

Curriculum: Health Effects of Climate Change

2. Does your medical school curriculum address the relationship between extreme heat, health risks, and climate change?

3	This topic was explored in depth by the core curriculum.
2	This topic was briefly covered in the core curriculum.
1	This topic was covered in elective coursework.
0	This topic was not covered.

Score explanation:

Keele Medical School provides a mandatory interprofessional education day. This session includes discussing the effects of flooding on healthcare and emphasizing the damage that climate change can cause to the healthcare systems within the UK in the future.

In year 1, medical students have an option to undertake an academic mini review on the epidemiology of malaria which includes reviewing the effect of rising temperatures.

Climate change and the rising temperatures along with droughts and heatwaves, was linked to negative health outcomes through the Environmental Health of the Public lecture and the effect of droughts on refugees was thoroughly discussed in an Environmental Health workshop in year 3.

3. Does your medical school curriculum address the impacts of extreme weather events on individual health and/or on healthcare systems?

This topic was explored in depth by the core curriculum.

This topic was briefly covered in the core curriculum.

This topic was covered in elective coursework.

This topic was not covered.

Score explanation:

In the annual interprofessional education day, medical students are encouraged to discuss how flooding will impact healthcare systems within the UK. This includes discussions about budget distribution within healthcare communities as well as identifying the effect on individual healthcare occupation and management.

In addition to this, in the early years of medical school, students receive a lecture on environmental pathology which addresses natural disasters' effects on health. Furthermore, students get the opportunity to review the impact of extreme weather on infectious diseases. Examples of topics offered include; 'the global burden spread and barriers to the eradication of tuberculosis', 'the rise and spread of resistance to the antimalarial Artemisinin' and 'the risk to the United Kingdom from arboviral diseases in the 21^{st} century.'

In year 3, students attend a sustainability health care workshop and lectures on environmental health of the public. A key focus in these activities was to cover the global burden of disease attributable to the environment and how the public sector aims to improve the outcomes. In the 'Environmental health of the public lecture', heat waves, drought, and their effect on populations are all covered.

4. Does your medical school curriculum address the impact of climate change on the changing patterns of infectious diseases?

- 3 This topic was explored in depth by the core curriculum.
- 2 This topic was briefly covered in the core curriculum.
- 1 This topic was covered in elective coursework.
- 0 This topic was not covered.

Score explanation:

In year one, students have a lecture on communicable diseases which discusses climate change and geology as factors that contribute to a diseases prevalence.

In year one, students can choose to do a planetary health focussed academic mini review eg 'current world situation of malaria'. This topic gives students the scope to address the impact of climate change (e.g., rising temperatures) on the patterns and prevalence of malaria.

In year 3 students are given the choice to undergo an elective based on Global Health. This elective allows students to explore the global burden of disease which gives scope for reflection of climate change's impact on patterns of disease.

5. Does your medical school curriculum address the respiratory health effects of climate change and air pollution?

- 3 This topic was explored in depth by the core curriculum.
- 2 This topic was briefly covered in the core curriculum.
- 1 This topic was covered in elective coursework.
- 0 This topic was not covered.

Score explanation:

In Phase one of medical school, a lecture on 'Environmental Pathology' is given. This lecture discusses the different sources of air pollution and the long term, as well as short term, affects on respiratory health. For example, worsening asthma, reduced lung function (particularly in children) and an increase in respiratory related mortality rate. This topic is then revisited later in the curriculum in year 3, where students review the effects of pollution on health in the 'Sustainable healthcare workshop' and 'Environmental Health of the Public' lecture.

Students also get the choice to further study the respiratory health effects through writing an academic mini review on the health effects of air pollution.

6. Does your medical school curriculum address the cardiovascular health effects of climate change, including increased heat? This topic was explored in depth by the core curriculum. This topic was briefly covered in the core curriculum. This topic was covered in elective coursework.

Score explanation:

This topic was not covered.

0

In Phase one of medical school, a lecture on 'Environmental Pathology' is given. This lecture discussed the different sources of air pollution and the long term, as well as short term, effects on cardiovascular health. For example, increased CV mortality and hospital admission. In year 3 students have a workshop to review the effects of pollution on respiratory and cardiovascular health and other pollution effects in the 'Sustainable healthcare workshop'.

Students also get the choice to further address the cardiovascular health affects through writing an academic view on the health effects of air pollution.

7. Does your medical school curriculum address the mental health and neuropsychological effects of environmental degradation and climate change? 3 This topic was explored in depth by the core curriculum. 2 This topic was briefly covered in the core curriculum. 1 This topic was covered in elective coursework. 0 This topic was not covered.

Score explanation: In year 2, students receive a lecture on poverty and structural inequality. This lecture focuses on the effects of sanitation, water security and malnutrition on patient health. Moreover, the lecture emphasizes to students how the lack of access to sufficient food) can affect mental health and physical health.

8. Does your medical school curriculum address the relationships between health, individual patient food and water security, ecosystem health, and climate change?

3	This topic was explored in depth by the core curriculum.
2	This topic was briefly covered in the core curriculum.
1	This topic was covered in elective coursework.
0	This topic was not covered.

Score explanation:

In year 2, students receive a lecture on poverty and structural inequality. This lecture focuses on the effects of sanitation, water security and malnutrition on patient health. Moreover, the lecture emphasizes to students how the lack of access to sufficient food) can affect mental health and physical health.

In year 3 patients receive a workshop on sustainable healthcare which looks at the link between health, food waste and air pollution.

Year 3 students also engage in a workshop which discusses refugees and the consequences of reduced water and food security.

- 9. Does your medical school curriculum address the outsized impact of climate change on marginalized populations such as those with low SES, women, communities of color, Indigenous communities, children, homeless populations, and older adults?
- This topic was explored in depth by the core curriculum.

 This topic was briefly covered in the core curriculum.
- 1 This topic was covered in elective coursework.
- 0 This topic was not covered.

Score explanation:

There are at least 3 Problem Based Learning cases and sessions in 1st and 2nd year that emphasize the effects of socio-economic status, for example exposure to pollution, in the context of asthma and living situation.

In second year, students receive a lecture on poverty and healthcare which emphasizes how environmental damage disproportionally affects poorer communities.

The 'effects of pollution on health' Workshops in year 3 look into the health of refugees and how healthcare professional and charities can further support them with water insecurity due to droughts and climate change.

In first year students have the choice of undertaking an academic mini review of topic 'The health gapare women being let down by the healthcare system?' This provides a wide scope for students to investigate the impact of climate on the health gap between genders. Another topic offered looks at 'decolonizing medicine' which students could use to explore the effect of climate on the healthcare received by these populations relative to other members of the population.

In addition, Keele medical school provide lectures on rural health which highlight how climate change makes it increasingly difficult for patients to access healthcare relative to urban societies.

10. Does your medical school curriculum address the unequal regional health impacts of climate change globally? 3 This topic was explored in depth by the core curriculum. 2 This topic was briefly covered in the core curriculum. 1 This topic was covered in elective coursework.

Score explanation:

This topic was not covered.

0

The medical school provides lectures and workshops in year 3 on global health and public health that look at inequalities within different communities, covering topics such as such as poverty and refugees, as well as covering the topic of health inequalities in great depth, both in lectures and seminars, within the first two years.

In Phase 1 of medical school a rural health lecture is given. This highlights how climate change makes it increasingly difficult for patients to access healthcare relative to urban societies.

In year 1, students have the choice to research the topic of 'decolonizing the curriculum' which allows students to explore the unequal regional health impacts of climate change between the marginalized and non-marginalized populations within the country.

Curriculum: Environmental Health & the Effects of Anthropogenic Toxins on Human Health

11. Does your medical school curriculum address the reproductive health effects of industry-related environmental toxins (e.g. air pollution, pesticides)?	
3	This topic was explored in depth by the core curriculum.

2	This topic was briefly covered in the core curriculum.
1	This topic was covered in elective coursework.
0	This topic was not covered.

Score explanation: In year 2, the environmental pathology lecture contains content of pollutants and their effects on pregnancy and early development.

12. Does your medical school curriculum address important human-caused environmental threats that are relevant to the university's surrounding community?

3	This topic was explored in depth by the core curriculum.
2	This topic was briefly covered in the core curriculum.
1	This topic was covered in elective coursework.
0	This topic was not covered.

Score explanation:

In Problem Based Learning, there have been cases that directly link the effects of mining on health and respiratory health long term, in the context of chronic lung disease and COPD.

In addition, the Environmental Pathology lecture in Year 1 looked at how pollution affects communities and how human caused pollution is correlated with asthma and COPD in larger industrial cities such as Stoke on Trent, where the potteries are a large employer and workers are exposed to large amounts of dust and dangerous chemicals in the workplace.

In year 3, Environmental Health of the Public lecture covered the effects of man-made water pollution on health long term, however this was not linked to the local community.

13. To what extent does your medical school emphasize the importance of Indigenous knowledge and value systems as essential components of planetary health solutions?

- Indigenous knowledge and value systems are integrated throughout the medical school's planetary health education
- Indigenous knowledge and value systems as essential components of planetary health solutions are included briefly in the core curriculum.
- Indigenous knowledge and value systems as essential components of planetary health solutions are included in elective coursework.

This topic was not covered.

Score explanation: This topic was not covered.

- 14. Does your medical school curriculum address the outsized impact of anthropogenic environmental toxins on marginalized populations such as those with low SES, women, communities of color, children, homeless populations, Indigenous populations, and older adults?
- This topic was explored in depth by the core curriculum.

 This topic was briefly covered in the core curriculum.

 This topic was covered in elective coursework.

 This topic was not covered.

Score explanation:

The 'effects of pollution on health' workshops in Year 3 look into the health of refugees and how healthcare professional and charities can further support them with respect to water pollution and insecurity as well as air pollution.

In year 1, the Environmental Pathology lecture covers the increased exposure to air pollution of low-income communities in urban environments.

The impact of environmental toxins on homeless populations was covered as part of the Sustainability in Healthcare workshop where students were encouraged to think about how we can improve the health of homeless people and linking this to the SDGs.

In year 2, the poverty and health lecture highlights how people living in lower socio-economic environments are more likely to have to work in hazardous conditions.

Curriculum: Sustainability

15. Does your medical school curriculum address the environmental and health co-benefits of a plant-based diet?	
3	This topic was explored in depth by the core curriculum.
2	This topic was briefly covered in the core curriculum.
1	This topic was covered in elective coursework.

0 This topic was not covered.

Score explanation: This topic was briefly covered in a Nutrition workshop, which took place within Phase I of the curriculum, covered in the case of a plant-based body builder.

16. Does your medical school curriculum address the carbon footprint of healthcare systems?	
3	This topic was explored in depth by the core curriculum
2	This topic was briefly covered in the core curriculum.
1	This topic was covered in elective coursework.
0	This topic was not covered.

Score explanation:

The carbon footprint of local healthcare systems was also covered as a case as part of a workshop on 'Sustainability in Healthcare' workshop in Year 3 and how we can improve this in the context of SDGs. The carbon footprint of Anaesthetics was also covered within a specific lecture provided as pre-work for this workshop.

In year 1, students have the choice to do an academic review on the topic a 'greener NHS- how can the national health service emit net zero carbon by 2040.' This prompts students to consider solutions as well as the problems around the carbon footprint of healthcare within the UK.

17. Does your medical school curriculum cover these components of sustainable clinical practice in the <u>core</u> curriculum? (1 point each)	
1	Waste production within the healthcare system and strategies for reducing waste in clinical activities, such as in the operating room
1	The impact of inhalers on the healthcare carbon footprint and the environmental benefit of dry powdered inhalers over metered dose inhalers.
1	The impact of anaesthetic gases on the healthcare carbon footprint and ways to reduce anesthesia environmental impacts, such as total intravenous anaesthesia or choosing less environmentally anaesthetic gas options with reduced greenhouse gas emissions
1	The environmental impact of pharmaceuticals and over-prescribing as a cause of climate health harm. Alternatively teaching on deprescribing where possible and its environmental and health co-benefits would fulfill this metric.

- The health and environmental co-benefits of non-pharmaceutical management of conditions where appropriate such as exercise or yoga classes for type 2 diabetes; social group activities such as gardening for mental health conditions; active transport such as bicycle schemes for obesity. This is commonly known as social prescribing in the UK.
- The health and environmental co-benefits of avoiding over-medicalisation, over-investigation and/or over-treatment

Score explanation:

The academic mini review topics 'developing sustainable approaches to 21st century healthcare challenges' and 'repurposing old drugs: potential of heparin derivates as a treatment for SARS-Cov2 infection' in year one, encourage students to consider waste production within health care systems and how we can reduce this waste.

The carbon footprint and waste produced by Anaesthetics was covered in Year 3 in a specific lecture on the environmental impact of anesthetics.

The difference in environmental impact of inhalers was covered in Year 4 CIL as part of a prescribing challenge. It was also covered within the 'Sustainable Healthcare' lecture.

Problem based learning and case-based learning encourages students to implement social prescribing into their clinical skills. For example, during the elderly block in year 3, students are encouraged to consider non-pharmacological treatment for delirium such as sleep hygiene and keeping clocks around. In Year 2, there are community placements based on social prescribing such as Growthpoint which allow students to reflect on the health and environmental benefits of these interventions.

Curriculum: Clinical Applications

18. In training for patient encounters, does your medical school's curriculum introduce strategies to have conversations with patients about the health effects of climate change? 2 Yes, there are strategies introduced for having conversations with patients about climate change in the core curriculum. 1 Yes, there are strategies introduced for having conversations with patients about climate change in elective coursework. No, there are not strategies introduced for having conversations with patients about climate change. Score explanation: There is not covered in the curriculum.

19. In training for patient encounters, does your medical school's curriculum introduce strategies for taking an environmental history or exposure history?

- 2 Yes, the core curriculum includes strategies for taking an environmental history.
- 1 Only elective coursework includes strategies for taking an environmental history.
- 0 No, the curriculum does not include strategies for taking an environmental history.

Score explanation: All clinical skills sessions relating to history emphasize the importance of gaining a comprehensive social history which includes what the environment of the patient is like. This includes a patient's occupation, diet, exercise, smoking, accommodation (city), who they live with and their job etc.

Curriculum: Administrative Support for Planetary Health

20. Is your medical school currently in the process of implementing or improving Education for Sustainable Healthcare (ESH)/planetary health education?

- Yes, the medical school is currently in the process of making major improvements to ESH/planetary health education.
- Yes, the medical school is currently in the process of making minor improvements to ESH/planetary health education.
- 0 No, there are no improvements to planetary health education in progress.

Score explanation: Since the production of our report last year, the Medical School Sustainability working group have been receptive to our suggestions and are working on them, however none of these changes apply to the content of the curriculum.

Despite this, the existing planetary health education is pretty robust and scores over 90% of the points available for Curriculum: General section, meaning they are eligible for 4 points.

21. How well are the aforementioned planetary health/Education for Sustainable Healthcare topics integrated longitudinally into the core curriculum?

- 6 Planetary health/ESH topics are well integrated into the core medical school curriculum.
- Some planetary health/ESH topics are appropriately integrated into the core medical student curriculum.

- 2 Planetary health/ESH is not integrated and is primarily addressed in (a) standalone lecture(s).
- There is minimal/no education for sustainable healthcare.

Score explanation:

In years 1 and 2 of the medical school, planetary healthcare topics are delivered in the form of lectures, electives, and workshops. For example, there is a lecture on the effects of pollution on cardiovascular and pulmonary systems, a health inequalities lecture, and opportunities to look at sustainability through elective academic reviews as well as community partner placements.

In addition to this, across the first 2 years, at least 3 of the problem bases cases have opportunities to reflect on environmental exposures and their consequences of health. Additionally, there is an interprofessional session looking at budgeting in healthcare.

In year 3, it appears to be much more integrated with them being more workshops on public health, refugee health, and looking at solutions to sustainability issues- there is a Sustainability in Healthcare workshop in 3rd year as well as a Health of Refugees workshop and Environmental Health lectures.

Additionally, there are more electives looking at sustainable change in healthcare, sustainability goals.

- 22. Does your medical school employ a member of faculty to specifically oversee and take responsibility for the incorporation of planetary health and sustainable healthcare as a theme throughout the course?
 - Yes, the medical school has a specific faculty/staff member responsible for overseeing curricular integration of planetary health and sustainable healthcare
 - No, the medical school does not have a specific faculty/staff member responsible for overseeing curricular integration of planetary health and sustainable healthcare.

Score explanation: Sarah Ainsley is the specific staff member who oversees the inclusion of sustainable healthcare within the curriculum. Audrey Skidmore also does this, as a year lead. There is a sustainability working group which oversees the integration of planetary health into the curriculum as well as the general sustainability of the medical school.

Section Total (56 out of 69)	56
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Are there additional curriculum resources offered at your medical school or institution not yet asked about that you would like to describe? If so, please do so below.

Interdisciplinary Research

<u>Section Overview:</u> This section evaluates the quality and quantity of interdisciplinary planetary health research at the medical school and broader institution. Interactions between health and the environment are complex and multifactorial. While climate change has been extensively studied from an environmental science perspective, planetary health is an emerging field. As leading health institutions with talented researchers and research resources, medical schools should fund research studying the health effects of climate change and anthropogenic environmental toxins. This obligation is particularly strong because the public and policymakers are more attentive to climate change when its implications for human health are emphasized.

1. Are there researchers engaged in planetary health research and healthcare sustainability research at your medical school? Yes, there are faculty members at the School of Medicine who have a primary research focus in planetary health or healthcare sustainability. Yes, there are individual faculty members at the School of Medicine who are conducting research related to planetary health or healthcare sustainability, but it is not their primary research focus. There are planetary health and/or healthcare sustainability researchers at the institution, but none associated with the medical school. No, there are no planetary health and/or healthcare sustainability researchers at the institution or medical school at this time.

Score explanation:

One of Dr Helen Twohig's primary research focuses is the prescribing of DPI vs MDIs within primary care.

The <u>PROMPTT</u> study, based at the medical school, focuses on reducing the over prescribing of opioids.

There are also several studies looking into social prescribing measures and their health benefits.

There is the <u>Institute for Sustainable Futures</u> with one of their key goals is to <u>create a healthy society</u>. This institute collaborates with some of the staff members based at the Medical School in Medical Anthropology.

There is a <u>Sustainable Pharmacy interdisciplinary group</u> at Keele, which includes staff across different courses, with a focus on improving the sustainable healthcare and pharmacy issues highlighted by the Government Steering group on the <u>Improving the use of Medicines (for better outcomes and reduced waste)</u>.

Associated with our university, there are staff members who's research is also strongly linked to Planetary Health such as Sharon George (food waste and climate change), Lydia Martins (social science and food security), Toby Bruce (food security) and members of the SEND project (energy management).

The School of Geography, Geology and Environmental Studies is linked with ULAB in Bangladesh looking into the impacts of flooding on human health.

2. Is there a dedicated department or institute for interdisciplinary planetary health research at vour institution?

- There is at least one dedicated department or institute for interdisciplinary planetary health research.
- There is not currently a department or institute for interdisciplinary planetary health research, but there are plans to open one in the next 3 years.
- There is an Occupational and Environmental Health department, but no interdisciplinary department or institute for planetary health research.
- 0 There is no dedicated department or institute.

Score explanation: There is an <u>Institute for Sustainable Futures</u> which focuses on where one of their key aims is building a healthy society, clean energy and water and food security. There is a dedicated Occupational Health research team, but this does not include environmental health.

3. Is there a process by which communities disproportionately impacted by climate change and environmental injustice give input or make decisions about the research agenda at your medical school?

- Yes, there is a process in which community members impacted by climate and environmental injustice have decision-making power in the climate + environmental research agenda.
- Yes, there is a process in which community members impacted by climate and environmental injustice advise the climate + environmental research agenda.
- No, but there are current efforts to establish a process for community members to advise or make decisions on the research agenda.
- 0 There is no process, and no efforts to create such a process.

Score explanation: There is evidence of patient and public engagement within the <u>Primary Care</u>
<u>Research Centre</u> and that community members have influence over this research agenda. <u>The Institute</u>
<u>for Sustainable Futures</u> partners with different local organisations and focuses on providing

sustainable governance and community living. However, there is not a process within this institute where community members have influence over the research agenda.

4. Does your institution have a planetary health website that centralizes ongoing and past research related to health and the environment?

- There is an easy-to-use, adequately comprehensive website that centralizes various campus resources related to health and the environment including all of the following: upcoming events, leaders in planetary health at your institution, and relevant funding opportunities.
- There is a website that attempts to centralize various campus resources related to health and the environment, but it is hard-to-use, not updated, or not adequately comprehensive.
- The institution has an Office of Sustainability website that includes some resources related to health and the environment.
- 0 There is no website.

Score explanation:

The medical school has a <u>specific webpage</u> on planetary health within research and the curriculum.

Our university has a <u>main sustainability page</u> which covered the university as a whole as well as having a main page for <u>student and staff sustainability</u>.

Our SU also has a dedicated page aimed towards <u>student sustainability projects</u> and sustainable volunteering opportunities.

5. Has your institution recently hosted a conference or symposium on topics related to planetary health?

- Yes, the medical school has hosted at least one conference or symposium on topics related to planetary health in the past year.
- Yes, the **institution** has hosted at least one conference or symposium on topics related to planetary health in the past year.
- Yes, the institution has hosted a conference on topics related to planetary health in the past three years.
- The institution has not hosted any conferences directly, but they have provided financial support for a local planetary health event.
- No, the institution has not hosted a conference on topics related to planetary health in the past three years.

Score explanation:

The medical school was the host to the <u>Society for Academic Primary Care North</u> Meeting 2021 where the topic was Sustainability and touched on topics such as Planetary Health in the Curriculum, the interaction between nature and health and the inclusion of green spaces within communities.

Students for Global Health Society based at Keele have held several events such as 'V-farm: Our sustainable farming future' which was held in October 2019. Keele Obstetrics And Gynaecology Society ran an event called the 'Sustainable Period' in January 2022.

The Institute for Liberal Arts and Sciences runs a <u>Great Challenges lecture</u> series where planetary health topics are frequently featured such as:

- Can meaningful hope spring from revealing the depth of our climate failure? Professor Kevin Anderson
- 'Is the UK food secure? Does it Matter?' Professor Tim Lang
- 'Tackling Human Infections in the 21st Century' Professor Janet Hemingway

6. Is your medical school a member of a national or international planetary health or ESH organization?

- Yes, the medical school is a member of a national or international planetary health or ESH organization
- 0 No, the medical school is not a member of such an organization

Score explanation: Keele Medical School is a member of the <u>Planetary Health Alliance</u>, which has been advertised to the wider university.

Section Total (15 out of 17)	15
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Are there additional research resources offered at your medical school or institution not yet asked about that you would like to describe? If so, please do so below.

Community Outreach and Advocacy

<u>Section Overview:</u> This section evaluates medical school engagement in community outreach and advocacy efforts associated with planetary health. Researching and teaching planetary health is necessary but not sufficient. It is critical that institutions also directly engage with communities most affected by environmental health harms. Although climate change is a problem largely created by those with power and resources, its impacts fall disproportionately on under-resourced populations and communities of color. Institutions should partner with local communities affected by climate change and pollution to share information about environmental health threats, advocate together for change, and provide opportunities for students to be a part of this work.

1. Does your medical school partner with community organizations to promote planetary and environmental health?	
3	Yes, the medical school meaningfully partners with multiple community organizations to promote planetary and environmental health.
2	Yes, the medical school meaningfully partners with one community organization to promote planetary and environmental health.
1	The institution partners with community organizations, but the medical school is not part of that partnership.
0	No, there is no such meaningful community partnership.

Score explanation:

Through the year 2 SSCs, the medical school is partnered with local organizations to provide students with long term placements such as Beat the Cold, B-Arts and Growth Point who all have an involvement with planetary health, allowing students to reflect on the impact of environmental on health as well as how vital charities that focus on these issues are.

Through <u>CASIC (Community Animation and Social Innovation Centre)</u>, which the university co-founded, there is a focus on community engagement and community-focused solutions for local and global issues, which often cover sustainability issues and issues affecting planetary health.

The university's <u>KRISP</u> scheme was green gown nominated and provides <u>specific support</u> for local businesses for research and innovation for environmental and social sustainability.

2. Does your medical school offer community-facing courses or events regarding planetary health?

3 The medical school offers community-facing courses or events at least once every year.

The medical school offers courses or events open to the community at least once per year, but they are not primarily created for a community audience.

The institution has offered community-facing courses or events, but the medical school was not involved in planning those courses or events.

The medical school has not offered such community-facing courses or events.

Score explanation:

Keele University as an institution offers several community facing events on a yearly basis

- Arts Keele events are open to the public and these events often have an environmental theme.
- <u>Inaugural lecture</u> series lectures often have an environmental theme and cover planetary health themes
- Some of our university staff partner in organizing Stoke In Curiosity which is a festival based on issues facing our local community and the wider world, which includes Planetary Health topics.
- There is a <u>Green Festival</u> that runs for two weeks every year on campus aiming to promote sustainability and sustainable living amongst our student community.
- Through <u>CASIC</u> which the university co-founded, there is a focus on community engagement and community-focused solutions for local and global issue, which often cover sustainability issues and issues affecting planetary health; the events organised through CASIC are entirely community focused.

The Medical School hosted the <u>SAPC North Meeting</u> which was facing the primary care research community but not community in the sense of patient groups.

3. Does your medical school have regular coverage of issues related to planetary health and/or sustainable healthcare in university update communications?

Yes, all students regularly receive communication updates dedicated to planetary health and/or sustainable healthcare.

Yes, planetary health and/or sustainable healthcare topics are sometimes included in communication updates.

Students do not regularly receive communications about planetary health or sustainable healthcare.

Score explanation:

Within the sustainability section on the university website, there is a <u>News And Events</u> page which contains communications on sustainability achievements across the university and frequently highlights advancements in sustainable healthcare achievements. An example is an article outlining some research carried out by University academics into <u>Vertical Farming and Pest and Disease Management</u>

and its role in food security. It even had an article regarding the <u>Planetary Health Report Card</u> last year.

Our sustainability staff utilize social media for most of their communications. They utilize the Life at Keele Facebook page, Student Union pages and Green Keele accounts to advertise sustainable events, green festival and volunteering opportunities. The Sustainability Bungalow pages provide practical advice for students to live more eco-friendly.

In terms of email newsletter, sustainable issues often feature on the SU newsletter, KPA newsletter and the central university communications from the Vice Principle. In addition to this, the SU Activities officer does frequent blog posts and podcasts on tips for sustainable living.

In terms of non-digital communications, there is a Green noticeboard in the entrance to the Medical school.

- 4. Does the institution or main affiliated hospital trust engage in professional education activities targeting individuals post graduation with the aim of ensuring their knowledge and skills in planetary health and sustainable healthcare remain up to date during their professional career?
- Yes, the institution or main affiliated hospital trust offers multiple in-person or online courses relating to planetary health and/or sustainable healthcare for post-graduate providers, including at least one with a primary focus of planetary health.
- Yes, the institution or main affiliated hospital trust offers one course relating to planetary health and/or sustainable healthcare for post-graduate providers
- 0 There are no such accessible courses for post-graduate providers

Score explanation: The University Hospital of North Midlands (UHNM) is the main affiliated hospital trust to Keele Medical School and they have e-learning modules focusing on sustainable healthcare as part of their statutory training.

- 5. Does your medical school or its primary affiliated hospital have accessible educational materials for patients about environmental health exposures?
- 2 Yes, all affiliated hospitals have accessible educational materials for patients.
- Some affiliated hospitals have accessible educational materials for patients.
- 0 No affiliated medical centers have accessible educational materials for patients.

Score explanation: There are two hospital trusts associated with medical school: University Hospitals of North Midlands (UHNM) and Shrewsbury and Telford Hospital (SATH).

There is a twitter page (<u>@UHNMSWITCH</u>) which is regularly active sharing climate change information with UHNM's patient's. There is also a monthly '<u>Sustainability Snapshot</u>' which is published on social media to highlight what UHNM is doing to improve its sustainability, for example promoting the work of the internal Sustainable Transport Working Group.

The <u>SATH trust</u> has a website outlining their sustainability as a trust and the changes that they've been making to reduce their CO2 emissions.

However, all of these materials have a focus on climate change and their effect on human health, not environmental exposures as of yet.

6. Does your medical school or its primary affiliated hospital have accessible educational materials for patients about climate change and health impacts?

- 2 Yes, all affiliated hospitals have accessible educational materials for patients.
- 1 Some affiliated hospitals have accessible educational materials for patients.
- 0 No affiliated hospitals have accessible educational materials for patients.

Score explanation:

There are two hospital trusts associated with medical school: University Hospitals of North Midlands (UHNM) and Shrewsbury and Telford Hospital (SATH).

The UHNM trust has some online documents outlining the importance of acknowledging climate change and the sustainability of UHNM as an institution. For example, one documents outlining the <u>Trust's 5 year Sustainability Plan</u> and how these relate to the UNs Sustainability Development Goals. There is also a twitter page (<u>@UHNMSWITCH</u>) which is regularly active sharing climate change information. There is also a monthly '<u>Sustainability Snapshot'</u> which is published by email to staff and on social media to highlight what UHNM is doing to improve its sustainability, for example promoting the work of the internal Sustainable Transport Working Group.

The <u>SATH trust</u> has a website outlining their sustainability as a trust and the changes that they've been making to reduce their CO2 emissions.

Despite the existence of these materials, the UHNM hospital sustainability officer has said that the communications available to the public are working on being improved and more accessible to patients.

Section Total (11 out of 14)

11

Back to summary page <u>here</u>

Support for Student-Led Planetary Health Initiatives

<u>Section Overview:</u> This section evaluates institutional support for student-led planetary health initiatives, such as funding, fellowships, programming, and student groups. Planetary health is a young field and, as young people facing a future deeply shaped by climate change, students are often some of the first at an institution to engage with it. Institutions should provide support for students to engage in sustainability quality improvement (QI) initiatives, discover mentors in their area of interest, and receive funding for planetary health projects.

1. Does your institution offer support for medical students interested in enacting a sustainability initiative/QI project? Yes, the institution either offers grants for students to enact sustainability initiatives/QI projects or sustainability QI projects are part of the core curriculum. The medical school encourages sustainability QI projects (to fulfill clerkship or longitudinal requirements) and offers resources to help students succeed in these projects, but there is no student funding available and there is no requirement to participate. No, the institution does not offer opportunities or support for sustainability initiatives or QI

projects.

them out in their spare time.

Score explanation: The Sustainable Fund offers funding to any schools within the university for grants to improve their sustainability. As part of this, there is a Sustainability Microgrant where students and student-run groups can get a small contribution to run sustainability events or activities. Each school has a staff sustainability representative who can apply for this grant on behalf of a student who wants to create an initiative. The Students Union also uses the profits made 16 from the Weigh to Go shop and the Great Donate to put back into sustainability projects; societies and individuals (including medical students) can bid on this money. The SU also has a separate fund for society sustainability development and has a sustainability badges reward scheme. The Key Fund is eligible for sustainability projects, such as the polytunnel in the student garden, weigh to go shop and planting a tree for every student who voted in the SU election.

2. Does your institution offer opportunities for medical students to do research related to planetary health and/or sustainable healthcare? The institution has a specific research program or fellowship for students interested in doing planetary health/sustainable healthcare research. There are research opportunities for students to perform research related to planetary health/sustainable healthcare but these require student initiative to seek these out and carry

There are no opportunities for students to engage in planetary health/sustainable healthcare research.

Score explanation: The <u>ASPIRE scheme</u> offers funding for summer studentships to year 1-3 pupils, of grants up to £1250 for summer projects, where projects in sustainability and planetary health are eligible. This is carried out in the student' time and would require student's initiative.

- 3. Does the medical school have a webpage where medical students can find specific information related to planetary health and/or sustainable healthcare activities and mentors within the medical school? For example, projects achieved, current initiatives underway at the medical school and/or contact of information of potential mentors.
- The medical school has a webpage with specific information related to planetary health or sustainable healthcare that includes up-to-date information on relevant initiatives and contact information of potential mentors.
- There is a medical school webpage that features some information on projects and mentors within planetary health and sustainable healthcare within the medical school, but it lacks key information.
- There is no medical-school specific webpage for locating planetary health and/or sustainable healthcare projects or mentors.

Score explanation:

There is a <u>Keele Medical School specific webpage</u> outlining the planetary health within the curriculum, and up-to-date information about research within sustainability.

There is also a webpage on the <u>Institute for Sustainable Futures</u> on one of their key goals to create a healthy society. This page demonstrates the current research that is going on connecting the environment and health, that happens within the university as a whole, not just the medical school.

- 4. Does your medical school have registered student groups dedicated towards fostering a culture of planetary health engagement, scholarship, and advocacy on campus, supported by faculty advisors?
- Yes, there is a student organization with faculty support at my medical school dedicated to planetary health or sustainability in healthcare.
- Yes, there is a student organization at my medical school dedicated to planetary health or sustainability in healthcare but it lacks faculty support.
- No, there is not a student organization at my institution dedicated to planetary health or sustainability in healthcare.

Score explanation: There is a student organization at my institution dedicated to Global Health - Students for Global Health Keele, who do run planetary health themed events and have support from faculty members however that is not their only objective. There are quite a few sustainability-based societies alongside our Environmental Sciences course at Keele however none of these are focused on healthcare. A solely Planetary Health dedicated society is a good recommendation for Keele to consider for future.

- 5. Is there a student liaison representing sustainability interests who serves on a medical school or institutional decision-making council to advocate for curriculum reform and/or sustainability best practices?
- Yes, there is a student representative that serves on a medical school or institutional decision-making council/committee.
- 0 No, there is no such student representative.

Score explanation: Lauren Franklin, 4^{th} year medical student, is a student representative on the medical school's sustainability working group, amongst other staff members with an interest in including planetary health within the curriculum and head of school.

- 6. In the past year, has the institution had one or more co-curricular planetary health programs or initiatives in the following categories? (1 point each)
- Projects where students are able to gain experience in organic agriculture and sustainable food systems, such as gardens, farms, community supported agriculture (CSA), fishery programs, or urban agriculture projects.
- Panels, speaker series, or similar events related to planetary health that have students as an intended audience.
- Events in which students learn directly from members of a local environmental justice community about the climate and environmental challenges they face, and how health professionals can partner with their community to address these exposures and impacts.
- Cultural arts events, installations or performances related to planetary health that have students as an intended audience.
- 1 Local volunteer opportunities related to building community resilience to anthropogenic environmental impacts.
- Wilderness or outdoors programs (e.g., that organize hiking, backpacking, kayaking, or other outings for students)

Score explanation: Keele runs a 'Student Eats' initiative in collaboration with NUS that encourages residents on campus to grow their own food in student allotments. This is to raise awareness of the ethical and environmental impacts of their food decisions. The students' union hosted a Veganuary Market which enabled students to meet local producers promoting a more eco-friendly and vegan lifestyle. There is also a sustainability bungalow initiative where a group of students each year live as sustainable as possible and provide educational benefit to others around them as well as providing food to those on campus from their organic garden. Many events run throughout the year, such as the Grand Challenges lecture series that offers lectures to all students on climate change issues. At Keele, we have Green Week where all across campus, there are art installations, activities and quizzes for the student population based on sustainability, pollution and how this affects our health. There are volunteer opportunities through the student union to volunteer as part of the Campus Green Team with litter picks, student led gardening and other sustainable projects on campus.

Section Total (12 out of 15)	12

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Campus Sustainability

<u>Section Overview:</u> This section evaluates the support and engagement in sustainability initiatives by the medical school and/or institution. The healthcare industry is a major contributor to greenhouse gas emissions as well as pollution that harms local, regional, and global ecosystems. While healthcare is, by nature, a resource-intensive endeavor, the healthcare sector is well poised to lead the world to a more sustainable future. This will involve scrutinizing every aspect of how our systems operate, from where we source our energy, to how we build our infrastructure, to what companies we invest in. Our medical schools, clinics, and hospitals must set the standard for sustainable practices, and show other sectors what is possible when it comes to minimizing environmental impact.

1. Does your medical school and/or institution have an Office of Sustainability?				
3	Yes, there is an Office of Sustainability with multiple full-time staff dedicated to campus sustainability. If the Office of Sustainability serves the entire campus, there is at least one designated staff member for sustainability at the hospital and/or medical school.			
2	There is an Office of Sustainability with one or more full-time staff dedicated to campus sustainability, but no specific staff member in charge of medical school and/or hospital sustainability.			
1	There are no salaried sustainability staff, but there is a sustainability task force or committee			
0	There are no staff members or task force responsible for overseeing campus sustainability			

Score explanation: The institution has multiple full-time staff dedicated to campus sustainability and with student interns dedicated to developing sustainable projects for the students. A list of the dedicated sustainability staff for the main campus can be found here. Sarah Ainsley is our dedicated member of staff for the medical school, covering the inclusion of sustainability into the curriculum, however this is not her full time job. She works closely with full time sustainability staff to include sustainability within the curriculum. There are sustainability student representatives as part of our Students Union. At the hospital campus, there is also dedicated sustainability officers.

2. How ambitious is your medical school/institution's plan to reduce its own carbon footprint? The institution has a stated goal of carbon neutrality by 2030 or earlier and the medical school / institution has a well-defined and adequate plan in place to achieve this goal. Yes, there is a stated carbon neutrality goal by at least 2040 and the medical school/institution has a well-defined and adequate plan in place to achieve this goal. Yes, there is a stated carbon neutrality goal by at least 2040, but the medical school/institution has not created a plan to reach that goal or the plan is inadequate.

- 1 There is a CO2 emission reduction goal, but it is not one of carbon neutrality.
- 0 There is no stated goal for reduction of CO2 emissions.

Score explanation: The institution as a whole is clearly very ambitious with its plan to reduce its carbon footprint, through a partnership with ENGIE and the building of solar panel farms and wind turbines.. The institution has a goal of becoming <u>carbon neutral by 2030</u> and the medical school falls under this umbrella. The plan to reach carbon neutrality is well set out with clear information being stated about this target on the website linked.

3. Do buildings/infrastructure used by the medical school for teaching (not including the hospital) utilize renewable energy?

- 3 Yes medical school buildings are 100% powered by renewable energy
- 2 Medical school buildings source >80% of energy needs from off-site and/or on-site renewable energy.
- Medical school buildings source >20% of energy needs from off-site and/or on-site renewable energy.
- Medical school buildings source <20% of energy needs from off-site and/or on-site renewable energy.

Score explanation:

Keele University has a certificate to prove that any energy they currently purchase off the national grid, is from a renewable source. Therefore 100% of the energy used on campus and by the medical school is from a renewable source at this moment in time.

Keele University has been granted planning permission to generate up to 80% of its own electricity through solar and wind power. The sustainability scheme will see up to 26,000 solar photo-voltaic (PV) panels installed at ground level in fields on the edge of the campus, and two wind turbines, which will power Keele's halls of residence, the chapel, teaching facilities, and Keele Hall. This became operational in 2021. Currently the installation of 12,500 solar PV panels was completed in September 2021 and is now generating energy, and two wind turbines are currently being installed (link). Combined, they generate up to 50% of the University's campus electricity requirements from renewable sources, saving around 1,500 tonnes of carbon emissions each year.

4. Are sustainable building practices utilized for new and old buildings on the medical school campus, with design and construction of new buildings and remodeling of old buildings conforming to a published sustainability rating system or building code/guideline?

Yes, sustainable building practices are utilized for new buildings on the medical school campus and the majority of old buildings have been retrofitted to be more sustainable.

Sustainable building practices are utilized for new buildings on the medical school campus, but most old buildings have not been retrofitted.

Sustainable building practices are inadequately or incompletely implemented for new buildings.

Score explanation: The estates team have developed a Sustainable Building Plan, which requires all new buildings to adhere to a certain standard. For all new buildings, habitats and ecological surveys have been considered. There is a budget to retrofit the pre-existing buildings, aiming to make the building more energy efficient, for example by replacing inefficient lab equipment and replacing light bulbs with LEDs.

Sustainability is not considered in the construction of new buildings.

5. Has the medical school implemented strategies to encourage and provide environmentally-friendly transportation options for students and reduce the environmental impact of commuting?

- Yes, the medical school has implemented strategies to encourage and provide environmentally-friendly transportation options such as safe active transport, public transport, or carpooling and these options are well-utilized by students. Alternatively, the campus location is not amenable to unsustainable forms of transportation by default.

 The medical school has implemented some strategies to provide environmentally-friendly
- The medical school has not implemented strategies to encourage and provide environmentally-friendly transportation options.

Score explanation:

0

The campus and medical school has several strategies to make environmentally-friendly transport accessible for students:

transportation options, but the options are unsatisfactorily accessible or advertised.

- The main university campus and hospital campus is easily accessible via good reliable bus connections and is the most utilized option by students.
- The university campus has a very good biking infrastructure with dedicated biking lanes spread all over the campus. Lockable bike stores are available for all students who live on campus.
- The introduction of an electric scooter rental system has provided another environmentally-friendly transportation option.
- The medical school runs a system where they try to group students with a car with those without a car so that they can car-share to shared placements.
- The medical school ensures that all placements within the community should be easily reachable via public transport.

- Most recently the university have added electric car charging ports in the parking lot that are free to students and thus encourage the use of cars that are much more environmentally friendly.

6. Does your medical school have an organics recycling program (compost) and a conventional recycling program (aluminum/paper/plastic/glass)?

- Yes, the medical school has both compost and recycling programs accessible to students and faculty.
- The medical school has either recycling or compost programs accessible to students and faculty, but not both.
- 0 There is no compost or recycling program at the medical school.

Score explanation: The medical school has both compost and a conventional recycling program that can be accessed by students and faculty. Keele University introduced a full waste and recycling scheme in 2010 and since then has seen the recycling rate rise from under 10% to now over 50%. The university also has onsite composting and gives students staying in on campus accommodation the option opt-in to having their food waste recycled.

7. Does the medical school apply sustainability criteria when making decisions about the campus food and beverage selections (e.g. local sourcing, reduced meat, decreased plastic packaging)?

- Yes, the medical school has adequate sustainability requirements for food and beverages, including meat-free days or no red-meat, and is engaged in efforts to increase food and beverage sustainability.
- There are sustainability guidelines for food and beverages, but they are insufficient or optional. The medical school is engaged in efforts to increase food and beverage sustainability.
- There are sustainability guidelines for food and beverages, but they are insufficient or optional. The medical school is not engaged in efforts to increase food and beverage sustainability.
- There are no sustainability guidelines for food and beverages.

Score explanation:

The <u>Sustainable Food Policy</u> at Keele covers all outlets and food, including food served within the medical school, served by the University and managed by Catering and Retail Services, Commercial and Facilities Management Directorate. This includes the inclusion of more plant-based options, the use of local produce, seasonal vegetables and reduction of water and energy usage. This policy provides a framework for continual improvement in providing sustainable food for customers. Tender specification documents for University food suppliers include a requirement to comply with the

University's sustainable food policy and with the targets committed to through the food for life catering mark certification.

Multiple plant-based and vegan options are available at every food vendor on campus.

The University has been working with the Soil Association to implement the Food For Life Catering Mark at our main Refectory and at the Nursery.

8. Does the medical school or associated institution apply sustainability criteria when making decisions about supply procurement?

- Yes, the medical school has adequate sustainability requirements for supply procurement and is engaged in efforts to increase sustainability of procurement.
- There are sustainability guidelines for supply procurement, but they are insufficient or optional. The medical school is engaged in efforts to increase sustainability of procurement.
- There are sustainability guidelines for supply procurement, but they are insufficient or optional. The medical school is not engaged in efforts to increase sustainability of procurement.
- There are no sustainability guidelines for supply procurement.

Score explanation: Keele's sustainable procurement goal is to procure goods and services in ways that maximise efficiency and effectiveness while minimising social, environmental and other risks. Keele University's Procurement team, with support from staff across the University, have achieved Level 4 of the Government's 'Flexible Framework'. This framework allows organisations to assess, measure and evaluate process and performance against a number of set sustainability criteria.

9. Are there sustainability requirements or guidelines for events hosted at the medical school?

- 2 Every event hosted at the medical school must abide by sustainability criteria.
- The medical school strongly recommends or incentivizes sustainability measures, but they are not required.
- There are no sustainability guidelines for medical school events.

Score explanation:

Keele University has a Green Conferencing and Event guidelines and the events team has certification using the ISO20121 system. ISO 20121 offers guidance and best practice to help manage our events and control their social, economic and environmental impact. The university also has its own system. for ensuring that events held are as sustainable as possible. This includes things such as making sure the menus for events held on site utilise local produce and farming/fishing. There is also

encouragement for visitors to events to have sustainable practices, e.g bringing a refillable water bottle. This applies for all external events and events run by staff.

Despite this, there is no requirement for student-run events within the medical school to meet the same sustainability requirements. There is strong guidance and incentives from the SU however it is not a necessity.

10. Does your medical school have programs and initiatives to assist with making lab spaces more environmentally sustainable?

- Yes, the medical school has programs and initiatives to assist with making lab spaces more environmentally sustainable.
- There are guidelines on how to make lab spaces more environmentally sustainable, but not programs or initiatives.
- There are no efforts at the medical school to make lab spaces more sustainable.

Score explanation: Keele University runs a system where the labs are continuously updated to make them more and more sustainable. This includes innovations such as updating equipment and taps to make them more water saving, reducing the amount of single use plastics, utilizing batch orders to create a need for less packaging, educational signs to promote saving electricity when it is not needed, replacing old energy inefficient equipment and replacing light bulbs to be LED.

11. Does your institution's endowment portfolio investments include fossil-fuel companies?

- The institution is entirely divested from fossil fuels and has made a commitment to reinvest divested funds into renewable energy companies or renewable energy campus initiatives.
- 3 No, the institution is entirely divested from fossil fuels.
- The institution has partially divested from fossil fuel companies or has made a commitment to fully divest, but currently still has fossil fuel investments.
- The institution has not divested from fossil-fuel companies, but faculty and/or students are conducting organized advocacy for divestment.
- Yes, the institution has investments with fossil-fuel companies and there have been no efforts to change that.

Score explanation: Keele University is ensuring that financial investments are ethical and reflect the mission and values of the University. To support this commitment an Ethical Investment Code of Practice has been in place and reviewed annually for a number of years. Keele University has made a commitment to increasingly focus its investments in companies with a positive environmental and/or societal impact, in particular in areas of clean energy and technology. The University's investments will

be in line with its strategic aims and its environmental, social and ethical values. The university has made a commitment to <u>divest from fossil fuel extraction companies</u> as they have never had investments with fossil-fuel companies and have stated that they will never do so.

Section Total (30 out of 31)	30
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Back to summary page <u>here</u>

Are there additional sustainability resources offered at your medical school or institution not yet asked about that you would like to describe? If so, please do so below.

Grading

Section Overview

This section focuses on the grading of the report card. The institution received a grade for each of the individual sections as well as an overall institutional grade. Section point totals were tallied, divided by the total points available for the section, and converted to a percentage. The overall institutional grade is a weighted average of the section grades, with curriculum receiving a higher weight owing to its larger number of metrics. Letter grades for each section and the institution overall were then assigned according to the table below.

Letter Grade*	Percentage	
A	80% - 100%	
В	60% - 79%	
С	40% - 59%	
D	20% - 39%	
F	0% - 19%	

^{*}Within each grade bracket, a score in the top 5% ($_5$ to $_9\%$), receives a "+", and a score in the bottom 5% ($_0$ - $_4\%$) receives a "--". For example, a percentage score of 78% would be a B+.

Planetary Health Grades for Keele University's School of Medicine

The following table presents the individual section grades and overall institutional grade for the Keele University's School of Medicine on this medical-school-specific Planetary Health Report Card.

Section	Raw Score	Letter Grade
Planetary Health Curriculum (30%)	$(56 / 69) \times 100 = 81.16\%$	A-
Interdisciplinary Research (17.5%)	(15 / 17) x 100 = 88.24%	A
Community Outreach and Advocacy (17.5%)	(11 / 14) x 100 = 78.57%	B+
Support for Student-led Planetary Health Initiatives (17.5%)	(12 / 15) x 100= 80.00%	A-
Campus Sustainability (17.5%)	(30/31) x 100 = 96.77%	A+
Institutional Grade	84.47%	A-

Report Card Trends

Section Overview

This graph demonstrates trends in overall and section grades for the years in which Keele University has participated in the Planetary Health Report Card initiative.

Planetary Health Report Card Trends for Keele University

