

Planetary Health Report Card: Columbia University Vagelos College of Physicians and Surgeons



VAGELOS COLLEGE OF Physicians and Surgeons

2020-2021 Contributing Team:

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Summary of Findings

Curriculum

- Integration of planetary health topics into the medical school core curriculum is limited. The main sources of information are through several lectures in the *Introduction to Global and Population Health* elective course open to first-year medical students, through one module in "Environmental Health" in the Internal Medicine section of the Public Health Commute (a series of modules meant to be completed during the Major Clinical Year) and finally through brief, passing mentions in lecture slides.
- VP&S should make it a priority to more thoroughly integrate planetary health topics into its core curriculum. One potential avenue for this change is through the Public Health Commute lecture slides; another is the Foundations of Clinical Medicine course. VP&S should prioritize and incentivize including more planetary health material in the medical education curriculum.

Interdisciplinary Research

• Columbia University has several strong interdisciplinary research efforts, including the Earth Institute. The Mailman School of Public Health is particularly strong in the area of environmental health research and is a tremendous resource. The medical school should work to become better integrated into the network of interdisciplinary resources, and should make these resources more readily available to medical students. The medical school should create a resource that centralizes these opportunities and outlines the ways in which medical students could get involved.

Community Outreach and Advocacy

• While there are many initiatives throughout Columbia University, there is currently no infrastructure for medical students to get involved in most outreach and advocacy efforts. The medical school should work to strengthen connections across the university and make these initiatives more readily accessible and better publicized for medical students. The medical school should seek to develop stronger collaborations with community organizations and involve students in these efforts.

Support for Student-Led Initiatives

• While the administration is supportive of and enthusiastic about student efforts, VP&S could further support student-led initiatives by creating dedicated funding opportunities and/or fellowships for research and student-led sustainability initiatives, as well as facilitating connections between students and research mentors.

Sustainability

• Columbia University has taken concrete steps towards improving sustainability, with particular strengths including transportation, renewable energy, commitment to building new buildings up to LEED standards, and committing to carbon neutrality. The University and the medical school can make a stronger and more concrete emphasis on sustainability practices and/or implement sustainability requirements for supply procurement, event planning, and food and beverages. The medical school can make composting available on its campus. The University and the medical school can make procurement, event planning, and food and beverages. The medical school can make composting available on its campus. The University and the medical school can create stronger infrastructure for encouraging and supporting sustainable laboratory practices.

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Statement of Purpose

Planetary health is human health.

The Planetary Health Alliance defines planetary health as "a field focused on characterizing the human health impacts of human-caused disruptions of Earth's natural systems." This definition is intentionally broad, intended to encompass the multitude of ways that the environment can affect health, including water scarcity, changing food systems, urbanization, biodiversity shifts, natural disasters, climate change, changing land use and land cover, global pollution, and changing biogeochemical flows. The health of humanity is dependent on our environment and our environment is changing rapidly and in disastrous ways. Although the World Health Organization has called climate change "the greatest threat to global health in the 21st century," many medical school's institutional priorities do not reflect the urgency of this danger to human health.

As future health professionals, we must be prepared to address the impacts of human-caused environmental changes on our patients' health. This preparation is in the hands of the institutions providing our medical training. It is imperative that we hold our institutions accountable for educating medical students about the health impacts of climate change and other anthropogenic environmental changes, generating research to better understand health impacts and solutions, supporting related student initiatives, embracing sustainable practices as much as possible, and engaging with surrounding communities that are most affected by environmental threats. Because climate change and environmental threats disproportionately affect vulnerable populations (for example, communities of color, older adults sensitive to health threats, and individuals in low-resource settings), these issues are inherently ones of equity and justice.

With the purpose of increasing planetary health awareness and accountability among medical schools, we have created a Planetary Health Report Card that medical students internationally can use to grade and compare their home institutions on an annual basis. This medical-student-driven initiative aims to compare medical schools on the basis of discrete metrics in five main category areas: 1) planetary health curriculum, 2) interdisciplinary research in health and environment, 3) university support for student planetary health initiatives, and 4) community outreach centered on environmental health impacts 5) medical school campus sustainability.

Planetary Health Curriculum

<u>Section Overview:</u> This section evaluates the integration of relevant planetary health topics into the medical school curriculum. Today's medical students will be on the frontlines of tackling the health effects of climate change. Therefore, it is critical that medical students are trained to understand the health effects of climate change, as well as planetary health more broadly. Topics like the changing geography of vector-borne diseases, the health consequences of air pollution, environmental health inequities, and disaster response principles must be part of every medical school's core curriculum.

Curriculum: General

1. Did your medical school offer elective courses to engage students in Education for Sustainable Healthcare or Planetary Health in the last year?	
3	Yes, the medical school has offered more than one elective whose primary focus is ESH/planetary health in the past year.
2	Yes, the medical school has offered one elective whose primary focus is ESH/planetary health in the past year.
1	The medical school does not have any electives whose primary focus is ESH/planetary health, but there are one or more electives that include a lecture on planetary health.
0	No, the medical school has not offered any electives on planetary health or electives that include ESH/planetary health topics in the past year.
<i>Score explanation:</i> VP&S offers an elective entitled "Introduction to Global and Population Health" which featured a lecture on "Climate Change and Public Health" taught by Dr. Wilmot James and Dr. Robbie Parks. The elective consisted of weekly evening lectures on determinants of disease and policy making in global health.	

Curriculum: Health Effects of Climate Change

2. Does your medical school curriculum address the relationship between extreme temperature health risks and climate change, as well as the socioeconomic/racial disparities in extreme heat exposure?	
3	This topic was explored in depth by the core curriculum.
2	This topic was briefly covered in the core curriculum.
1	This topic was covered in elective coursework.
0	This topic was not covered.

Score explanation: No mention of heat-related illnesses and climate change was mentioned in the BHD curriculum.

3. Does your medical school curriculum address the impacts of extreme weather events on individual health and/or on healthcare systems?		
3	This topic was explored in depth by the core curriculum.	
2	This topic was briefly covered in the core curriculum.	
1	This topic was covered in elective coursework.	
0	This topic was not covered.	
<i>Score explanation:</i> There was no mention of extreme weather events in the core curriculum. There is a mention of sea level rise in a podcast linked in the "Environmental Health" module of the Internal Medicine section of the Public Health Commute, to be completed during the major clinical year, but this is not specific to extreme weather.		

4. Does your medical school curriculum address the impact of climate change on the changing patterns of infectious diseases?	
3	This topic was explored in depth by the core curriculum.
2	This topic was briefly covered in the core curriculum.
1	This topic was covered in elective coursework.
0	This topic was not covered.
Score explanation: The impact of climate change on vector borne disease was not included as one of	

Score explanation: The impact of climate change on vector borne disease was not included as one of the core curriculum course objectives. This topic was, however, covered in the Introduction to Global and Population Health elective.

5. Does your medical school curriculum address the cardiorespiratory health effects of climate change, including air pollution?	
3	This topic was explored in depth by the core curriculum.
2	This topic was briefly covered in the core curriculum.
1	This topic was covered in elective coursework.

0 This topic was not covered.

Score explanation: This topic was discussed in several lectures, particularly as it relates to the global burden of lung disease, COPD, and asthma. The lectures included "Global Burden of Lung Disease" by Dr. Schluger presented on 4/24/2020, "COPD" by Dr. Burkal, presented on 4/21/2020; "OLD" presented by Dr. Patel on 4/24/2020; and "Asthma" presented by Dr. Podlaczuk on 4/20/2020.

6. Does your medical school curriculum address the mental health and neuropsychological effects of environmental degradation and climate change?

3	This topic was e	explored in	depth by the core	curriculum.
	1	I	1 2	

- 2 This topic was briefly covered in the core curriculum.
- 1 This topic was covered in elective coursework.
- 0 This topic was not covered.

Score explanation: This topic was covered during the Introduction to Global and Population Health elective course.

7. Does your medical school curriculum address the relationships between health, individual patient food and water security, ecosystem health, and climate change?	
3	This topic was explored in depth by the core curriculum.
2	This topic was briefly covered in the core curriculum.
1	This topic was covered in elective coursework.
0	This topic was not covered.
Score explanation: This topic was covered during the Introduction to Global and Population Health	

Score explanation: This topic was covered during the Introduction to Global and Population Health elective course.

8. Does your medical school curriculum address the outsized impact of climate change on marginalized populations such as those with low SES, women, communities of color, children, homeless populations, and older adults?

3	This topic was explored in depth by the core curriculum.
2	This topic was briefly covered in the core curriculum.
1	This topic was covered in elective coursework.

0 This topic was not covered.

Score explanation: This topic was covered during the Introduction to Global and Population Health elective course. This topic is also discussed in the "Environmental Health" module of the Public Health Commute.

9. Does your medical school curriculum address the unequal health impacts of climate change globally?

Score explanation: There was no mention of this topic in the core curriculum.	
0	This topic was not covered.
1	This topic was covered in elective coursework.
2	This topic was briefly covered in the core curriculum.
3	This topic was explored in depth by the core curriculum.

Curriculum: Environmental Health & the Effects of Anthropogenic Toxins on Human Health

10. Does your medical school curriculum address the reproductive health effects of industry-related environmental toxins (e.g. air pollution, pesticides)?	
3	This topic was explored in depth by the core curriculum.
2	This topic was briefly covered in the core curriculum.
1	This topic was covered in elective coursework.
0	This topic was not covered.
<i>Score explanation:</i> There was brief mention of the reproductive health effects of environmental exposures during the Neurology block, such as in Dr. Zeltser's Neuroembryology lecture and Dr.	

Goldman's Development lecture.

11. Does your medical school curriculum address important human-caused environmental threats that are relevant to the university's surrounding community?	
3	This topic was explored in depth by the core curriculum.
2	This topic was briefly covered in the core curriculum.
1	This topic was covered in elective coursework.

0 This topic was not covered.

Score explanation: In her lecture on Public Health and Health Promotion in the Foundations of Clinical Medicine course, Dr. Austin described several factors affecting residents of New York City, particularly with the geographical relationship between poverty and illnesses such as asthma (mediated by air quality) and COVID-19. This topic was also addressed by the "Environmental Health" module of the Public Health Commute.

12. Does your medical school curriculum address the unique climate and environmental health challenges that have impacted and are impacting Indigenous communities?

Score explanation: There was no mention of this topic in the core curriculum	
0	This topic was not covered.
1	This topic was covered in elective coursework.
2	This topic was briefly covered in the core curriculum.
3	This topic was explored in depth by the core curriculum.

13. Does your medical school curriculum address the outsized impact of anthropogenic environmental toxins on marginalized populations such as those with low SES, women, communities of color, children, homeless populations, and older adults?

3	This topic was explored in depth by the core curriculum.
2	This topic was briefly covered in the core curriculum.
1	This topic was covered in elective coursework.
0	This topic was not covered.
<i>Score explanation:</i> This topic was covered during the Introduction to Global and Population Health elective course. This topic was also addressed by the "Environmental Health" module of the Public Health Commute.	

Curriculum: Sustainability

14. Does your medical school curriculum address the environmental and health co-benefits of a plant-based diet?

3	This topic wa	as explored in	depth by the	core curriculum.
2	This topic in	ab empiorea m	aspen of me	••••••••••••••••

- 2 This topic was briefly covered in the core curriculum.
- 1 This topic was covered in elective coursework.
- 0 This topic was not covered.

Score explanation: No mention of the benefits of a plant based diet in relation to sustainability and health was found in the BHD curriculum. The curriculum featured two lectures dedicated to diet: the first focused on vitamins (in the GI block) and the second on evidence-based tips for weight loss reduction (in the Endocrinology block). The only mention of diet and sustainability as relevant to health were oblique references to the Dutch Hunger Winter and the nixtamalization of corn tortillas.

15. Does your medical school curriculum highlight the waste generated by the healthcare system and identify ways to advocate for and implement sustainable best practices in health care?

3 This topic was explored in depth by the core curriculum.
2 This topic was briefly covered in the core curriculum.
1 This topic was covered in elective coursework.
0 This topic was not covered.
Score explanation: There was no mention of the waste generated by the healthcare system in either the core curriculum or elective coursework.

Curriculum: Clinical Applications

16. In training for patient encounters, does your medical school's curriculum introduce strategies to have conversations with patients about the health effects of climate change?		
2	Yes, there are strategies introduced for having conversations with patients about climate change in the core curriculum.	
1	Yes, there are strategies introduced for having conversations with patients about climate change in elective coursework.	

0 No, there are not strategies introduced for having conversations with patients about climate change

Score explanation: There are no strategies introduced for having conversations with patients about climate change. There are several sessions dedicated to effective communication with patients but none of them focus on environmental health or climate change.

17. In training for patient encounters, does your medical school's curriculum introduce strategies for taking an environmental history or exposure history?

2 Yes, the core curriculum includes strategies for taking an environmental history.
1 Only elective coursework includes strategies for taking an environmental history.

0 No, the curriculum does not include strategies for taking an environmental history.

Score explanation: While students learn how to take a social history during the Foundations of Clinical Medicine course, the focus was on adolescent interview skills and an environmental history did not factor strongly into the course materials.

Curriculum: Administrative Support for Planetary Health

18. Is your medical school currently in the process of improving Education for Sustainable Healthcare (ESH)/planetary health education?		
4	Yes, the medical school is currently in the process of making major improvements to ESH/planetary health education.	
2	Yes, the medical school is currently in the process of making minor improvements to ESH/planetary health education.	
0	No, there are no improvements to planetary health education in progress.	
<i>Score explanation:</i> To the best of our knowledge, there are no efforts currently in place to incorporate more planetary health education into the curriculum. There are currently public health slides being generated by some students that will be integrated into the lectures in the near future, so it is possible that some planetary health information may be included in the future, but that is largely dependent on student effort and interest as these slides are being made.		

19. How well are the aforementioned planetary health/Education for Sustainable Healthcare topics integrated longitudinally into the core curriculum?

6	Planetary health/ESH topics are well integrated into the core medical school curriculum.
4	Some planetary health/ESH topics are appropriately integrated into the core medical student curriculum.
2	Planetary health/ESH is not integrated and is primarily addressed in (a) standalone lecture(s).
0	There is minimal/no education for sustainable healthcare.
<i>Score explanation:</i> Several topics are very briefly mentioned, in passing, in individual lectures throughout the core curriculum but this does not add up to a comprehensive overview or true.	

throughout the core curriculum, but this does not add up to a comprehensive overview or true exploration of ESH/planetary health. The main source for planetary health information in the core curriculum is the "Environmental Health" module of the Public Health Commute, meant to be completed during the Internal Medicine rotation in Major Clinical Year. The Introduction to Global and Population Health elective course explores also several topics in greater detail, but it is an elective course that not all students choose to take.

20. Bonus: Does your medical school have a program that offers incentives for faculty/departments to develop new planetary health/ESH courses and/or incorporate planetary health/ESH into existing courses?

- 1 Yes, the medical school has an incentive program.
- 0 No, the medical school does not have an incentive program.

Score explanation: To the best of our knowledge, the medical school does not have an incentive program to incorporate planetary health into existing courses; the most likely avenue for incorporating such material would be through the Public Health Commute, which is a student-run effort.

Section Total (15 out of 58)

D

Are there additional curriculum resources offered at your medical school or institution not yet asked about that you would like to describe? If so, please do so below.

Interdisciplinary Research

<u>Section Overview:</u> This section evaluates the quality and quantity of interdisciplinary planetary health research at the medical school and broader institution. Interactions between health and the environment are complex and multifactorial. While climate change has been extensively studied from an environmental science perspective, planetary health is an emerging field. As leading health institutions with talented researchers and research resources, medical schools should fund research studying the health effects of climate change and anthropogenic environmental toxins. This obligation is particularly strong because the public and policymakers are more attentive to climate change when its implications for human health are emphasized.

1.Are there researchers engaged in planetary health research and healthcare sustainability research at your medical school?		
4	Yes, there are faculty members at the School of Medicine who have a primary research focus in planetary health and healthcare sustainability.	
3	Yes, there are faculty members at the School of Medicine who have a primary research focus in a planetary health or healthcare sustainability.	
2	Yes, there are individual faculty members at the School of Medicine who are conducting research related to planetary health or healthcare sustainability, but it is not their primary research focus.	
1	There are planetary health and/or healthcare sustainability researchers at the institution, but none associated with the medical school.	
0	No, there are no planetary health and/or healthcare sustainability researchers at the institution or medical school at this time.	
<i>Score explanation:</i> There are a handful of faculty members at the medical school that focus on topics of environmental health, such as exposure to neurotoxicants, environmental epigenetics, and health disparities. The faculty members include: Dr. Boehme, Dr. Lovinsky Desir, Dr. Margolis, Dr. Orjuela-Grimm.		

2. Is there a dedicated department or institute for interdisciplinary planetary health research at your institution?		
3	There is at least one dedicated department or institute for interdisciplinary planetary health research.	
2	There is not currently a department or institute for interdisciplinary planetary health research, but there are plans to open one in the next 3 years.	
1	There is an Occupational and Environmental Health department, but no interdisciplinary department or institute for planetary health research.	
0	There is no dedicated department or institute.	

Score explanation: There are several centers for research relating to the environment at Columbia University, including the <u>Earth Institute</u>, which features multidisciplinary research including environmental health. The university also plans to open a Climate School to further expand multidisciplinary efforts..

3. Is there a process by which communities disproportionately impacted by climate change and environmental injustice give input or make decisions about the research agenda at your medical school?

3	Yes, there is a process in which community members impacted by climate and environmental injustice have decision-making power in the climate + environmental research agenda.	
2	Yes, there is a process in which community members impacted by climate and environmental injustice advise the climate + environmental research agenda.	
1	No, but there are current efforts to establish a process for community members to advise or make decisions on the research agenda.	
0	There is no process, and no efforts to create such a process.	
<i>Score explanation:</i> The Mailman School of Public Health has previously worked with We Act for Environmental Justice, a local organization advocating for environmental justice in New York City.		

Score explanation: The Mailman School of Public Health has previously worked with We Act for Environmental Justice, a local organization advocating for environmental justice in New York City. The Community Engagement <u>Core</u> at the Mailman School of Public Health works with local organizations to identify community concerns and provide information.

4. Does your institution have a planetary health website, or a website centralizing various campus resources related to health and the environment?

3	There is an easy-to-use, adequately comprehensive website that centralizes various campus resources related to health and the environment including all of the following: upcoming events, leaders in planetary health at your institution, and relevant funding opportunities.
2	There is a website that attempts to centralize various campus resources related to health and the environment, but it is hard-to-use, not updated, or not adequately comprehensive.
1	The institution has an Office of Sustainability website that includes some resources related to health and the environment.
0	There is no website.

Score explanation: There are several websites that centralize resources related to the environment. For example, <u>https://climate.columbia.edu/</u> is a website centralizing the various environment-related schools and programs at Columbia University. <u>https://sustainable.columbia.edu/</u> collects resources for students such as environment-related clubs as well as the school's sustainability plan. However, neither of these resources focus explicitly on planetary health. The GCCHE website, hosted by the Columbia University Mailman School of Public Health, contains various resources that focus on the impact of the

environment on health:

https://www.publichealth.columbia.edu/research/global-consortium-climate-and-health-education/resources

5. Has your institution recently hosted a conference or symposium on topics related to planetary health?		
4	Yes, the institution has hosted more than one conference or symposium on topics related to planetary health in the past year, including at least one on climate change.	
3	Yes, the institution has hosted one conference or symposium on topics related to planetary health in the past year.	
2	Yes, the institution has hosted a conference on topics related to planetary health in the past three years.	
1	The institution has not hosted any conferences directly, but they have provided financial support for a local planetary health event.	
0	No, the institution has not hosted a conference on topics related to planetary health in the past three years.	
<i>Score explanation:</i> While Columbia University hosts numerous events related to the environment, sustainability, or climate change, the number of events it hosts relating to planetary health is more limited and largely tied to the School of Public Health. The Mailman School of Public Health hosted a seminar series on Food, Public Health, and Social Justice open to the public, though most of the events were in 2017-2018, with only a few in 2019-2020. Once a year, the School of Public Health additionally hosts a Granville H. Sewell Distinguished Lecture, which features individuals who have made contributions to environmental health sciences. The NIEHS Center for Environmental Health in Northern Manhattan, also part of the School of Public Health, hosts a series of seminars and meetings, however it is not clear how accessible this is to those outside the program.		

6. Has your institution or medical school joined the Planetary Health Alliance and/or the Global
Consortium on Climate and Health Education?2Yes, the medical school has joined the Planetary Health Alliance and/or the Global
Consortium on Climate and Health Education.1Yes, the institution has joined the Planetary Health Alliance and/or the Global Consortium on
Climate and Health Education, but the medical school specifically has not.0No, the institution has not joined the Planetary Health Alliance or the Global Consortium on
Climate and Health Education.

Score explaation: The School of Public Health is a member both of PHA and GCCHE; the medical school is a member of GCCHE.

Section Total (16 out of 19)

Are there additional research resources offered at your medical school or institution not yet asked about that you would like to describe? If so, please do so below.

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Community Outreach and Advocacy

<u>Section Overview:</u> This section evaluates medical school engagement in community outreach and advocacy efforts associated with planetary health. Researching and teaching planetary health is necessary but not sufficient. It is critical that institutions also directly engage with communities most affected by environmental health harms. Although climate change is a problem largely created by those with power and resources, its impacts fall disproportionately on under-resourced populations and communities of color. Institutions should partner with local communities affected by climate change and pollution to share information about environmental health threats, advocate together for change, and provide opportunities for students to be a part of this work.

1. Do envi	oes your medical school partner with community organizations to promote planetary and ronmental health? -
3	Yes, the medical school meaningfully partners with multiple community organizations to promote

- 2 Yes, the medical school meaningfully partners with one community organization to promote planetary and environmental health.
- 1 The institution partners with community organizations, but the medical school is not part of that partnership.
- 0 No, there is no such meaningful community partnership.

planetary and environmental health.

Score explanation: The university interfaces with WE ACT for Environmental Justice, Inc. through the Community Engagement Core at the School of Public Health's NIEHS center. However, no concrete ways to participate in environmental or planetary health organizations are currently available through the medical school to medical students.

2. Does your medical school offer community-facing courses or events regarding planetary health?

3	The medical school offers community-facing courses or events at least once every year.
2	The medical school offers courses or events open to the community at least once per year, but they are not primarily created for a community audience.
1	The institution has offered community-facing courses or events, but the medical school was not involved in planning those courses or events.
0	The medical school has not offered such community-facing courses or events.
<i>Score explanation:</i> The Mailman School of Public Health hosted a lecture series on Food, Public Health, and Social Justice, which was open to the public and included an event titled "The Climate	

Crisis and Your Health," which took place virtually on April 21, 2020. The NIEHS center held a community-facing event in 2019. Furthermore, there are several public-facing events hosted by Columbia that focus on the environment, that may occasionally feature lectures or talks on environmental health. These include LDEO public lecture series and open house, and the Lamont open house. While the institution does a good job offering community-facing events, there have been few such events hosted through the medical school.

3. Does your medical school have regular coverage of issues related to planetary health and/or sustainable healthcare in university update communications?

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0	Students do not regularly receive communications about planetary health or sustainable healthcare.
1	Yes, planetary health and/or sustainable healthcare topics are sometimes included in communication updates.
2	Yes, all students regularly receive communication updates dedicated to planetary health and/or sustainable healthcare.

Score explanation: The medical students do not regularly receive environmental health communications.

4. Does the medical school offer continuing medical education (CME) courses that address planetary health and/or sustainable healthcare?		
2	Yes, multiple in-person or online CME courses relating to planetary health and/or sustainable healthcare are offered, including at least one with a primary focus of planetary health.	
1	Yes, one in-person or online CME course related to planetary health and/or sustainable healthcare is offered.	
0	There are no CME courses on planetary health or sustainable healthcare topics.	
Scor	a annuantion. No Columbia University hosted CME courses on planetary health were identified	

Score explanation: No Columbia University-hosted CME courses on planetary health were identified when searched for using the following <u>interface</u>.

5. Do hospitals affiliated with your medical school have accessible educational materials for patients about environmental health exposures?		
2	Yes, all affiliated hospitals have accessible educational materials for patients.	
1	Some affiliated hospitals have accessible educational materials for patients.	
0	No affiliated medical centers have accessible educational materials for patients.	

Score explanation: Some affiliated medical centers have accessible online educational materials for patients about environmental health exposures (the health library <u>linked</u> through New York Presbyterian), but not about climate change.

6. Do hospitals affiliated with your medical school have accessible educational materials for patients about climate change and health impacts?		
2	Yes, all affiliated hospitals have accessible educational materials for patients.	
1	Some affiliated hospitals have accessible educational materials for patients.	
0	No affiliated hospitals have accessible educational materials for patients.	
<i>Scor</i> chan	<i>e explanation:</i> No affiliated hospitals were found to have accessible online resources about climate ge.	

Section Total (3 out of 14)

D-

Are there additional community engagement and advocacy resources offered at your medical school or institution not yet asked about that you would like to describe? If so, please do so below.

Support for Student-Led Planetary Health Initiatives

<u>Section Overview:</u> This section evaluates institutional support for student-led planetary health initiatives, such as funding, fellowships, programming, and student groups. Planetary health is a young field and, as young people facing a future deeply shaped by climate change, students are often some of the first at an institution to engage with it. Institutions should provide support for students to engage in sustainability quality improvement (QI) initiatives, discover mentors in their area of interest, and receive funding for planetary health projects.

1. Does your institution offer support for medical students interested in enacting a sustainability initiative?

- 2 Yes, the institution offers grants available to medical students for students to enact sustainability initiatives.
- The medical school encourages sustainability QI projects (to fulfill clerkship or longitudinal requirements) and offers resources to help students succeed in these projects, but there is no student funding available.
- 0 No, the institution does not offer opportunities or support for sustainability initiatives.

Score explanation: There seem to be no dedicated grants for sustainability initiatives, but there are undedicated funds available (for example, funding was identified by Dean Mellman for a student's initiatives in 2019-2020 to acquire reusable utensils for events hosted at the medical school; and Office of Environmental Stewardship has worked with students on capstone projects).

2. Does your institution offer opportunities for medical students to do research related to planetary health and/or sustainable healthcare?

3	The institution offers an explicit paid fellowship for medical students to do research related to planetary health and/or sustainable healthcare.
2	The institution offers paid research opportunities for students and planetary health/sustainable healthcare projects would be considered eligible.
1	There are unfunded research opportunities for students to perform research related to planetary health/sustainable healthcare.
0	There are no opportunities for students to receive funding for planetary health/sustainable healthcare research.
<i>Score explanation:</i> No specific, dedicated medical school funding is available for year-long environmental health research projects, but students are eligible to apply for Dean's Fellowship or external fellowships	

3. Does the medical school have a webpage where medical students can find specific information related to planetary health and/or sustainable healthcare activities and mentors within the medical school? For example, projects achieved, current initiatives underway at the medical school and/or contact of information of potential mentors.

- The medical school has a webpage with specific information related to planetary health or sustainable healthcare that includes up-to-date information on relevant initiatives and contact information of potential mentors.
- There is a medical school webpage that features some information on projects and mentors within planetary health and sustainable healthcare within the medical school, but it lacks key information.
- 0 There is no medical-school specific webpage for locating planetary health and/or sustainable healthcare projects or mentors.

Score explanation: No dedicated webpage exists besides perhaps some of the School of Public Health resources, but you can search for faculty members in other ways.

4. Does your medical school have funded, registered student groups dedicated towards fostering a culture of planetary health engagement, scholarship, and advocacy on campus, supported by faculty advisors?

- 2 Yes, there is a funded student organization with faculty support at my medical school dedicated to planetary health or sustainability in healthcare.
- 1 Yes, there is a student organization at my medical school dedicated to planetary health or sustainability in healthcare but it lacks faculty support and/or funding.
- 0 No, there is not a student organization at my institution dedicated to planetary health or sustainability in healthcare.

Score explanation: There are many registered student groups at the university. Specifically at the medical school, <u>Food for Thought</u> seeks to educate students about sustainable and healthy diets to integrate healthy eating habits into the practice of medicine.

5. Is there a student liaison representing sustainability interests who serves on a medical school or institutional decision-making council to advocate for sustainability best practices?

1	Yes, there is a student representative that serves on a medical school or institutional decision-making council.
0	No, there is no such student representative.

Score explanation: There is an Eco Representative on the student council; however, the representative's duties are poorly defined and no infrastructure exists for them to influence sustainability best practices at the university.

6. In the past year, has the institution had one or more co-curricular planetary health programs or initiatives in the following categories? (1 point each)		
1	Projects where students are able to gain experience in organic agriculture and sustainable food systems, such as gardens, farms, community supported agriculture (CSA), fishery programs, or urban agriculture projects.	
1	Panels, speaker series, or similar events related to planetary health that have students as an intended audience.	
1	Events in which students learn directly from members of a local environmental justice community about the climate and environmental challenges they face, and how health professionals can partner with their community to address these exposures and impacts.	
1	Cultural arts events, installations or performances related to planetary health that have students as an intended audience.	
1	Local volunteer opportunities related to building community resilience to anthropogenic environmental impacts.	
1	Wilderness or outdoors programs (e.g., that organize hiking, backpacking, kayaking, or other outings for students) that follow Leave No Trace principles.	
<i>Score explanation:</i> Students are invited to participate in a CSA. There have been certain events with students invited to participate, such as a lecture on energy insecurity and environmental justice held in October 2020 or events hosted by the Food for Thought group at VP&S. PSOOP is an outdoor orientation program for incoming medical students held in August of each year that follows Leave No Trace principles. A few cultural events have been hosted, including the Gather film screening held by the Food for Thought group, a 2019 themed exhibition on water from the Art School, and two video art exhibits hosted online.		

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Section	TOTAL	()	out	01 13)	

B-

Are there additional student-led initiative resources offered at your medical school or institution not yet asked about that you would like to describe? If so, please do so below.

Campus Sustainability

<u>Section Overview:</u> This section evaluates the support and engagement in sustainability initiatives by the medical school and/or institution. The healthcare industry is a major contributor to greenhouse gas emissions as well as pollution that harms local, regional, and global ecosystems. While healthcare is, by nature, a resource-intensive endeavor, the healthcare sector is well poised to lead the world to a more sustainable future. This will involve scrutinizing every aspect of how our systems operate, from where we source our energy, to how we build our infrastructure, to what companies we invest in. Our medical schools, clinics, and hospitals must set the standard for sustainable practices, and show other sectors what is possible when it comes to minimizing environmental impact.

1. Does your medical school and/or institution have an Office of Sustainability?		
3	Yes, there is an Office of Sustainability with multiple full-time staff dedicated to campus sustainability. If the Office of Sustainability serves the entire campus, there is at least one designated staff member for sustainability at the hospital and/or medical school.	
2	There is an Office of Sustainability with one or more full-time staff dedicated to campus sustainability, but no specific staff member in charge of medical school and/or hospital sustainability.	
1	There are no salaried sustainability staff, but there is a sustainability task force or committee	
0	There are no staff members or task force responsible for overseeing campus sustainability	
<i>Score explanation:</i> There is an Environmental Stewardship <u>team</u> at the university, and a network of volunteers called the <u>Sustainable Leaders Network</u> that aid in the sustainability effort, including members at the medical school. At the medical school campus, Indrajeet Viswanathan in the Facilities		

Engineering department serves as the Director of Energy Management and Sustainability.

2. Does your medical school and/or institution have a stated goal of carbon neutrality by 2050?		
4	The medical school is already carbon neutral.	
3	Yes, there is a stated carbon neutrality goal and the medical school has a well-defined and adequate plan in place to achieve this goal.	
2	Yes, there is a stated carbon neutrality goal, but the medical school has not created a plan to reach that goal or the plan is inadequate.	
1	There is a CO2 emission reduction goal, but it is not one of carbon neutrality.	
0	There is no stated goal for reduction of CO2 emissions.	

Score explanation: There is a <u>commitment</u> in place to become carbon neutral by 2050; however, no thorough plan has thus far been identified beyond President Lee Bollinger's <u>statement</u>. However, the University does plan to release a more detailed climate plan in April 2021.

3. Do buildings/infrastructure used by the medical school for teaching (not including the hospital) utilize renewable energy?		
3	Yes medical school buildings are 100% powered by renewable energy	
2	Medical school buildings source >80% of energy needs from off-site and/or on-site renewable energy.	
1	Medical school buildings source >20% of energy needs from off-site and/or on-site renewable energy.	
0	Medical school buildings source <20% of energy needs from off-site and/or on-site renewable energy.	
<i>Score explanation:</i> Columbia University campuses including the medical school campus claim to rely on 100% renewable energy (<u>source</u>) through a combination of retro-comissioning and the purchase of Renewable Energy Certificates (RECs).		

4. Are sustainable building practices utilized for new and old buildings on the medical school campus, with design and construction of new buildings and remodeling of old buildings conforming to a published rating system or sustainable building code/guideline? Yes, sustainable building practices are utilized for new buildings on the medical school campus 3 and the majority of old buildings have been retrofitted to be more sustainable. Sustainable building practices are utilized for new buildings on the medical school campus, 2 but most old buildings have not been retrofitted. 1 Sustainable building practices are inadequately or incompletely implemented for new buildings. 0 Sustainability is not considered in the construction of new buildings. Score explanation: The VEC is LEED gold certified as of 2018; and, as of 2007, Columbia University has <u>committed</u> to a minimum of LEED Silver certification for all new buildings and reconstruction projects. However, no concrete commitment to retrofit old buildings was identified.

5. Has the medical school implemented strategies to encourage and provide environmentally-friendly transportation options for students and reduce the environmental impact of commuting? 2Yes, the medical school has implemented strategies to encourage and provide
environmentally-friendly transportation options such as safe active transport, public
transport, or carpooling and these options are well-utilized by students. Alternatively, the
campus location is not amenable to unsustainable forms of transportation by default.1The medical school has implemented some strategies to provide environmentally-friendly
transportation options, but the options are unsatisfactorily accessible or advertised.0The medical school has not implemented strategies to encourage and provide
environmentally-friendly transportation options.

Score explanation: The school offers a shuttle between campuses and public transit is readily available and students can access Zipcar through the university.

6. Does your medical school have an organics recycling program (compost) and a conventional recycling program (aluminum/paper/plastic/glass)?		
2	Yes, the medical school has both compost and recycling programs accessible to students and faculty.	
1	The medical school has either recycling or compost programs accessible to students and faculty, but not both.	
0	There is no compost or recycling program at the medical school.	
<i>Score explanation:</i> There is a recycling program available to students. No compost services are readily available on the medical school campus.		

7. Does the medical school apply sustainability criteria when making decisions about the campus food and beverage selections?			
3	Yes, the medical school has adequate sustainability requirements for food and beverages and is engaged in efforts to increase food and beverage sustainability.		
2	There are sustainability guidelines for food and beverages, but they are insufficient or optional. The medical school is engaged in efforts to increase food and beverage sustainability.		
1	There are sustainability guidelines for food and beverages, but they are insufficient or optional. The medical school is not engaged in efforts to increase food and beverage sustainability.		
0	There are no sustainability guidelines for food and beverages.		
<i>Score explanation:</i> The Faculty Club offers a student meal plan for medical students and other students on the medical campus. It has some commitments to sustainability listed on its <u>website</u> , including produce from local farms and coffee certified by the Rainforest Alliance, recycling cooking oil, and			

some efforts for catered events. However, these commitments are not extensive. <u>56% of food items</u> served on the Morningside Campus are from local sources. Moreover, the medical student spending <u>guidelines</u> do not prioritize sustainability for food and beverage.

8. Does the medical school or associated institution apply sustainability criteria when making decisions about supply procurement?				
3	Yes, the medical school has adequate sustainability requirements for supply procurement and is engaged in efforts to increase sustainability of procurement.			
2	There are sustainability guidelines for supply procurement, but they are insufficient or optional. The medical school is engaged in efforts to increase sustainability of procurement.			
1	There are sustainability guidelines for supply procurement, but they are insufficient or optional. The medical school is not engaged in efforts to increase sustainability of procurement.			
0	There are no sustainability guidelines for supply procurement.			
<i>Score explanation:</i> No sustainable <u>procurement guidelines</u> were identified among the procurement policies on the Columbia University website. However, the 2017 <u>sustainability plan</u> appears to suggest				

that the Morningside campus (which does not include the medical school) has worked to optimize procurement sustainability (e.g. by reducing waste generation, for example by setting minimum order values with vendors, and partnering with specific vendors) and has made goals to reduce waste. From this <u>source</u>, it appears that guidelines for "socially responsible purchasing" at the medical center are still being developed.

9. Are there sustainability requirements or guidelines for events hosted at the medical school?		
2	Every event hosted at the medical school must abide by sustainability criteria.	
1	The medical school strongly recommends or incentivizes sustainability measures, but they are not required.	
0	There are no sustainability guidelines for medical school events.	

Score explanation: There is a sustainable <u>menu</u> available for events at Columbia. The event planning/catering website at the medical center suggests that events catered by the Faculty Club do take sustainability measures into <u>consideration</u>. However, there is no mention that every event must meet sustainability criteria or that student club <u>spending</u> for events must meet sustainability criteria, and no mention of sustainability in the University's broader <u>events policies</u>.

10. Does your medical school have programs and initiatives to assist with making lab spaces more environmentally sustainable?

1 There are guidelines on how to make lab spaces more environmentally sustainable, but not programs or initiatives.

0 There are no efforts at the medical school to make lab spaces more sustainable.

Score explanation: There are instructions for making a <u>workspace</u> more green as part of the Sustainable Leaders Network, but these are not specific to labs. Columbia partnered with Labs21 for one specific building that is not located at the medical school. There are <u>resources</u> for fume hood upgrades and medical waste recycling, but not much else.

11. Does your institution's endowment portfolio investments include fossil-fuel companies?			
4	The institution is entirely divested from fossil fuels and has made a commitment to reinvest divested funds into renewable energy companies or renewable energy campus initiatives.		
3	No, the institution is entirely divested from fossil fuels.		
2	2 The institution has partially divested from fossil-fuel companies.		
1	The institution has not divested from fossil-fuel companies, but faculty and/or students are conducting organized advocacy for divestment.		
0	0 Yes, the institution has investments with fossil-fuel companies and there have been no efforts t change that.		
<i>Score explanation:</i> In 2017, Columbia University divested from coal but not oil and gas companies; in January 2021, Columbia <u>announced</u> that it will no longer invest in publicly-traded oil and gas companies. However, the University did not commit to divesting from indirect holdings. Furthermore, the University may make exceptions for companies with credible plans for net-zero emissions by 2050.			

Section Total (18 out of 29)

B-

Are there additional sustainability resources offered at your medical school or institution not yet asked about that you would like to describe? If so, please do so below.

Grading

Section Overview

This section focuses on the grading of the report card. The institution received a grade for each of the individual sections as well as an overall institutional grade. Section point totals were tallied, divided by the total points available for the section, and converted to a percentage. The overall institutional grade is a weighted average of the section grades, with curriculum receiving a higher weight owing to its larger number of metrics. Letter grades for each section and the institution overall were then assigned according to the table below.

Letter Grade	Percentage
А	80% - 100%
В	60% - 79%
С	40% - 59%
D	20% - 39%
F	0% - 19%

Planetary Health Grades for the Columbia University Vagelos College of Physicians and Surgeons

The following table presents the individual section grades and overall institutional grade for the Columbia University Vagelos College of Physicians and Surgeons on this medical-school-specific Planetary Health Report Card.

Section	Raw Score	Grade
Planetary Health Curriculum (30%)	15 / 58 = 26%	D
Interdisciplinary Research (17.5%)	16 / 19 = 84%	А-
Community Outreach and Advocacy (17.5%)	3 / 14 = 21%	D-
Support for Student-led Planetary Health Initiatives (17.5%)	9 / 15 = 60%	В-
Campus Sustainability (17.5%)	18 / 29 = 62%	В-
Institutional Grade	48%	С