

# Planetary Health Report Card

(Medicine): Geisel School of

# Medicine at Dartmouth



### 2023-2024 Contributing Team:

Students: Grace Palmer\* M2, Daniella Azulai M2, Sarah Howell M2, Daniel Lutz M2, Jessinta Palack M3, Kali Smolen, MD-PhD, Rebecca Smith M1, Isabella Solaroli M1, Mary Basilious M1

- Faculty Mentors: Dr. Sarah Crockett
- \*Primary Contact: Grace Palmer, grace.m.palmer.med@dartmouth.edu

# **Summary of Findings**

Overall	C
Curriculum	C+

- Planetary health (PH) is inadequately covered in the core curriculum, but efforts are being made to incorporate it. Electives focused on planetary health have been offered at Geisel, which is an exciting development. Geisel has focused its curricular attention on ways that climate change is impacting specific health outcomes, but has not focused on the overall environmental impact of the healthcare system itself and aspects of sustainable clinical practice.
- **Recommendations:** Topic areas where PH could be incorporated are noted in the score explanations. Discussing aspects of PH with patients should be added to the *On Doctoring* Curriculum. PH connections should be added to core course objectives in various lectures noted below, to incorporated PH topics more longitudinally and with reinforcement throughout the curriculum.

### **Interdisciplinary Research**

Curriculum

**C**+

- Dartmouth lacks an institute for planetary health research, yet has some research underway in this area. Research related to PH (i.e. waste audits, impacts of air pollution, or climate change modeling) is led by independent researchers in various departments and is not centralized or easily accessible.
- Recommendations: The medical school should commit to recruitment of researchers interested in PH and identify researchers at the institution who are already doing work in this area. Forming a centralized website for projects related to PH and healthcare sustainability would help to increase transparency in this area.

## **Community Outreach and Advocacy**

D+

- Healthcare sustainability is not transparent within the medical school or at our affiliated hospitals, but the MS4SF chapter at Geisel is working to expand connections within sustainability across the campus. In previous years, we have hosted a public Earth Day celebration to bridge the gap between climate change and health in our community in past years, but were unable to pull off an event this year.
- **Recommendations:** Continued administrative support of student involvement in healthcare sustainability efforts and direct partnership with community organizations such as NH Healthcare Workers for Climate Action to further educate about planetary health within the Dartmouth community is needed.

## Support for Student-Led Initiatives

B

- Dartmouth has a number of established resources available to undergraduates and medical students, including funding for projects and sustainability initiatives. Most medical students are unaware of these opportunities, however, and Geisel does not have active relationships with departments hosting these grants. Geisel has grown in its support for First Year Trips, which is an important wilderness immersion weekend and excellent platform for discussions on climate, indigenous history, and "wilderness as medicine."
- **Recommendations:** The medical school administration could further support student initiatives by ensuring medical students are aware of existing opportunities and developing a student fellowship dedicated to PH.

# **Campus Sustainability**

D

- Dartmouth College has a well integrated Sustainability Office that is involved in green construction, sustainable food and supply procurement, initiatives related to divestment, and community engagement around sustainability. However, they operate separately from the medical school.
- Geisel could benefit from enhanced communication with the Sustainability Office to increase green practices including sustainable purchasing, waste management, laboratory sustainability, and transportation.

# **Statement of Purpose**

Planetary health is human health.

The Planetary Health Alliance describes planetary health as "a solutions-oriented, transdisciplinary field and social movement focused on analyzing and addressing the impacts of human disruptions to Earth's natural systems on human health and all life on Earth." This definition is intentionally broad, intended to encompass the multitude of ways that the environment can affect health, including water scarcity, changing food systems, urbanization, biodiversity shifts, natural disasters, climate change, changing land use and land cover, global pollution, and changing biogeochemical flows. The health of humanity is dependent on our environment, and our environment is changing rapidly and in disastrous ways. Although the World Health Organization has called climate change "the greatest threat to global health in the 21st century," many medical school's institutional priorities do not reflect the urgency of this danger to human health.

As future health professionals, we must be prepared to address the impacts of human-caused environmental changes on our patients' health. This preparation is in the hands of the institutions providing our medical training. It is imperative that we hold our institutions accountable for educating medical students about the health impacts of climate change and other anthropogenic environmental changes, generating research to better understand health impacts and solutions, supporting related student initiatives, embracing sustainable practices as much as possible, and engaging with surrounding communities that are most affected by environmental threats. Because climate change and environmental threats disproportionately affect vulnerable populations (for example, communities of color, older adults sensitive to health threats, and individuals in low-resource settings), these issues are inherently ones of equity and justice.

With the purpose of increasing planetary health awareness and accountability among medical schools, we have created a Planetary Health Report Card that medical students internationally can use to grade and compare their home institutions on an annual basis. This medical-student-driven initiative aims to compare medical schools nationally and internationally on the basis of discrete metrics in five main category areas: 1) planetary health curriculum, 2) interdisciplinary research in health and environment, 3) university support for student planetary health initiatives, and 4) community outreach centered on environmental health impacts 5) medical school campus sustainability.

### **Definitions & Other Considerations**

### **Definitions:**

- Planetary Health: is described by the Planetary Health Alliance as "the health of human civilisation and the state of the natural systems on which it depends." For example, topics such as climate change, declining biodiversity, shortages of arable land and freshwater, and pollution would all fall under the realm of planetary health. Both planetary health and traditional 'environmental health' examine the relationship between human health and the external environment, including extreme temperatures, chemicals, vector-borne diseases, etc. Planetary health explicitly concerns itself with the potential health harms associated with human-caused perturbations of natural systems. Therefore, the human health focus of planetary health makes the field well-adapted for the context of medical school education. Throughout this report card, we use the term planetary health to refer to this broad swath of topics, but resources do not need to explicitly include the term "planetary health" to satisfy the metric.
- Sustainable Healthcare: As defined by the Academy of Royal Colleges, sustainable
  healthcare involves ensuring the ability to provide good quality care for future generations by
  balancing the economic, environmental, and social constraints and demands within health
  care settings. A sustainable healthcare system maintains population health, reduces disease
  burden and minimises use of healthcare services.
- Education for Sustainable Healthcare (ESH): is defined as the process of equipping current and future health professionals with the knowledge, attitudes, skills and capacity to provide environmentally sustainable services through health professional education, thus working to decrease the enormous environmental impact of the healthcare industry. Planetary Health Education is an integral part of this education rather than an end in itself. This is because knowledge on Planetary Health is required to be able to fully understand the necessity of sustainable healthcare as well as being part of the broader knowledge needed to fully protect and promote health. In summary, ESH is covered by the three Priority Learning Outcomes of the Centre of Sustainable Healthcare below, and Planetary Health Education is embraced in the first learning objective and is a fundamental requirement to achieve learning outcomes 2 and 3:
  - 1. Describe how the environment and human health interact at different levels.
  - 2. Demonstrate the knowledge and skills needed to improve the environmental sustainability of health systems.
  - 3. Discuss how the duty of a doctor to protect and promote health is shaped by the dependence of human health on the local and global environment.
- Medical School vs. Institution: When "medical school" is specified in the report card, this
  only refers to curriculum and resources offered by the School of Medicine and does not
  include offerings from other parts of the university (e.g. undergraduate departments (USA),
  other related departments (e.g. Public Health, Population Health departments). In contrast,
  when "institution" is specified in the report card, we are referring to the university more

broadly. Any resource reasonably accessible by medical students, no matter where in the institution the resource comes from or if it is specifically targeted for medical students, can meet this metric.

- Environmental history (Metric #19 in Curriculum Section): This is a series of questions providers are taught to ask during medical encounters that elicits patients' exposures and environmental risk factors. Historically, this has included consideration of exposures like pesticides, asbestos, and lead, though in the modern era shaped by climate change, it can be expanded to include things like wildfire smoke exposure, air pollution and mold after flooding. Key components include place of residence over the lifecourse, occupational history, food and water sources (e.g. meat from industrial feeding operations, regular fishing in contaminated water, access to clean drinking water), and exposure to air pollution.
- **Elective:** The word "elective" refers to an optional course or lecture series that a medical student can opt to take part in but is not a requirement in the core curriculum. Generally, these elective courses take place in the preclinical curriculum but vary by school.
- Clerkship: This is a term used in the USA to refer to placements that medical students go on e.g. Pediatrics, General medicine, Psychiatry. In the UK these are referred to as rotations or placements.

### Other considerations:

• If there are more than one "tracks" at your medical school with two different curricula (for example, Harvard Medical School has a Pathways and HST curriculum track), you can choose to fill out a report card for each track, or fill out just one report card and average the scores received by each track in cases where the scores are different (see the 2021 Harvard or Oxford report cards as examples).

Added to our resources last year, the Planetary Health Report Card <u>Literature</u> Review by <u>Metric</u> collates the evidence behind each of the metrics in the Planetary Health Report Card. It serves as a collection of references for further learning and a resource for those advocating for increased planetary health engagement at their institutions.

# **Planetary Health Curriculum**

Section Overview: This section evaluates the integration of relevant planetary health topics into the medical school curriculum. Today's medical students will be on the frontlines of tackling the health effects of climate and other environmental changes. Therefore, it is critical that medical students are trained to understand the health effects of these changes, as well as planetary health issues and principles more broadly. Topics like the changing geography of vector-borne diseases, the health consequences of air pollution, environmental health inequities, and disaster response principles must be part of every medical school's core curriculum.

Curriculum: General

# 1.1. Did your medical school offer elective courses (student selected modules) to engage students in Education for Sustainable Healthcare or Planetary Health in the last year? Yes, the medical school has offered more than one elective whose primary focus is ESH/planetary health in the past year. Yes, the medical school has offered one elective whose primary focus is ESH/planetary health in the past year. The medical school does not have any electives whose primary focus is ESH/planetary health, but there are one or more electives that include a lecture on planetary health. No, the medical school has not offered any electives on planetary health or electives that include ESH/planetary health topics in the past year.

Score explanation: In Spring 2024, the elective "Environmental Risk Factors and Health Decision-Making" was offered. The class focuses on per-and-polyfluoroalkyl substances (PFAS), with a goal of both educating students on its known and suspected effects on health and giving them practice understanding and incorporating guidance tools into health decision making. Course materials include the National Academies of Science Engineering and Medicine (NASEM) recent guidance and the guidance for New Hampshire Clinicians on environmental contaminants.

An opportunity for improvement in this area would be to remove the restriction placed on students during elective selection. Currently, students are only able to sign up for one elective. When faced with the decision between developing clinical skills in electives such as Ultrasound Basics vs learning about planetary health, students often choose the former. Allowing multiple enrollments would enable students to more holistically pursue their interests.

Curriculum: Health Effects of Climate Change

# 1.2. Does your medical school curriculum address the relationship between extreme heat, health risks, and climate change? 3 This topic was explored in depth by the core curriculum. 2 This topic was briefly covered in the core curriculum.

1 This topic was covered in **elective** coursework.

0 This topic was **not** covered.

### Score explanation:

In the M2 course *Neurology and Neuroscience*, a lecture "Brain Health Across the Lifespan" covered the stressors of extreme heat as harmful to brain health and a risk factor for dementia. While this was linked to one's environment and occupational exposures, climate change was not clearly mentioned on the slides. This is an area for integration and improvement.

While the 2022 iteration of the lecture entitled "Planetary Health and Infectious Disease" in the *Infection, Inflammation, & Immunity* course covered the impact of extreme heat due to climate change on health in both lecture and small group case study, this topic was NOT covered in the 2023 iteration.

Areas for improvement include re-integrating the topic of extreme heat in the above lecture. Beyond this, there remain underutilized areas for integration: e.g. connection to climate change when discussing the intersection of extreme heat and worse outcomes for those with cardiovascular or renal diseases in those respective course areas.

- 1.3. Does your <u>medical school</u> curriculum address the impacts of extreme weather events on individual health and/or on healthcare systems?
- 3 This topic was explored in depth by the core curriculum.
- 2 This topic was **briefly** covered in the **core** curriculum.
- 1 This topic was covered in **elective** coursework.
- 0 This topic was **not** covered.

### Score explanation:

The course *Respiratory Medicine* had an hour-and-a-half dedicated lecture entitled "Environmental Injustice and the Effects on Cardiovascular and Pulmonary Disease." This lecture addressed extreme weather in the contexts of redlining, air pollution, urban environments, etc, specifically addressing the learning objective "Describe the relationships between indoor and outdoor air pollution and cardiopulmonary health effects." The second of two class sessions titled "Planetary Health and Infectious Disease" in the M1 *Infection, Inflammation, and Immunity* course included pre-work and a discussion on increased severe flooding and health.

Areas for improvement: extreme weather events could be connected more directly to what students will see in clinical practice. This could be done by focusing on which extreme weather events are likely to occur either locally or in places our students are from.

- 1.4. Does your <u>medical school</u> curriculum address the impact of climate change on the changing patterns of infectious diseases?
- 3 This topic was explored in depth by the core curriculum.
- 2 This topic was **briefly** covered in the **core** curriculum.

1	This topic was covered in <b>elective</b> coursework.
0	This topic was <b>not</b> covered.

Score explanation: In the "Planetary Health and Infectious Disease" lecture during the *Infection*, *Inflammation*, & *Immunity* course, the concept that infectious diseases are impacted by a variety of factors, including climate, was introduced. It was emphasized that changing climate can bring about changes in the distribution of infectious diseases, such as changes in vector habitat (for example, increasing incidence of Zika virus in New Hampshire and Lyme Disease in North America as the natural habitat of the disease vector *Ixodes scapularis* extends) and global-scale changes in weather (for example, changes in the distribution of malaria with changing precipitation patterns).

Areas for improvement: the lecture given on zoonotic transmission of infectious disease could be made into a mandatory in-person lecture as opposed to being offered asynchronously

# $\textbf{1.5. Does your } \underline{\textbf{medical school}} \ \textbf{curriculum address the respiratory health effects of climate change and air pollution?}$

- This topic was explored **in depth** by the **core** curriculum.
- 2 This topic was **briefly** covered in the **core** curriculum.
- 1 This topic was covered in **elective** coursework.
- 0 This topic was **not** covered.

Score explanation: Score explanation: The course Respiratory Medicine had an hour-and-a-half dedicated lecture entitled "Environmental Injustice and the Effects on Cardiovascular and Pulmonary Disease," which discussed environmental factors that impact pulmonary diseases and health disparity issues that impact the burden of respiratory disease in under-resourced environments. The associated testing objectives are: "Describe the relationships between indoor and outdoor air pollution and cardiopulmonary health effects", "Analyze the impact of structural inequity on individual and population level exposures to air pollution and associated negative health impacts" and "review potential solutions to mitigate air pollution-related health disparities at the individual and population levels."

# 1.6. Does your <u>medical school</u> curriculum address the cardiovascular health effects of climate change, including increased heat?

- This topic was explored **in depth** by the **core** curriculum.
- 2 This topic was **briefly** covered in the **core** curriculum.
- This topic was covered in **elective** coursework.
- 0 This topic was **not** covered.

Score explanation: While the effects of air pollution on cardiovascular health were covered at length in the M1 lecture "Environmental Racism: Impact of air pollution exposure on cardiovascular and pulmonary outcomes," there was no information given on cardiovascular health effects of climate change or increased heat specifically and this was not touched on in other courses in the curriculum.wel

This is an obvious area of improvement!

# 1.7. Does your medical school curriculum address the mental health and neuropsychological effects of environmental degradation and climate change? 3 This topic was explored in depth by the core curriculum. 2 This topic was briefly covered in the core curriculum. 1 This topic was covered in elective coursework. O This topic was not covered.

Score explanation: This topic was covered indirectly. While climate anxiety was briefly acknowledged during the "Planetary Health" lecture in the *Infection, Inflammation, & Immunity* course, "Planetary Health and Infectious Diseases 2" focused somewhat specific mental health effects such as therapeutic uses of nature in treatment of depression, anxiety, and PTSD. However, specific neuropsychological effects of climate change were not explicitly covered. Climate anxiety was likewise not addressed in the Psychiatry curriculum, though this topic could be integrated into lectures on anxiety. This topic could also be integrated into the Year 2 Patients and Populations course, which has a 2 hour dedicated session to global health.

# 1.8. Does your medical school curriculum address the relationships between health, individual patient food and water security, ecosystem health, and climate change? 3 This topic was explored in depth by the core curriculum. 2 This topic was briefly covered in the core curriculum. 1 This topic was covered in elective coursework. O This topic was not covered.

Score explanation: While last year during the "Planetary Health" lecture of the *Infection, Inflammation, & Immunity* course, a case study of river flooding due to climate change highlighted the issue of water security and discussed the effects of water changes on livestock, agriculture, and transmission of water-borne infections. This portion of the lecture was removed for this year's course.

The *elective enrichment* course "Environmental Risk Factors and Health Decision-Making" explored how per- and polyfluoroalkyl substances (PFAS) contaminants, which have been found in drinking water, affect patient breast health, thyroid function, cholesterol levels, and changes in birth weight.

Areas for improvement: the concept of ecosystem services, especially those with direct health effects, should be introduced

1.9. Does your <u>medical school</u> curriculum address the outsized impact of climate change on marginalized populations such as those with low SES, women, communities of color, Indigenous communities, children, homeless populations, and older adults?

3	This topic was explored in depth by the core curriculum.
2	This topic was <b>briefly</b> covered in the <b>core</b> curriculum.
1	This topic was covered in <b>elective</b> coursework.
0	This topic was <b>not</b> covered.

Score explanation: In the Respiratory Medicine course, M1s had a lecture titled "Environmental Racism: Impact of Air Pollution Exposure on Cardiovascular and Pulmonary Outcomes," that highlighted redlining in the context of air pollution, and different life expectancies based on neighborhood. The lecture also explicitly addressed racial disparities in regards to health outcomes. This lecture addressed the specific (and testable) learning objective, "Analyze the impact of structural inequity on individual and population-level exposures to air pollution and associated negative health impacts." The direct association with climate change could be made more clear, however. Notably, the impact of climate change on women, Indigenous communities, children, and older adults could be expanded upon in the curriculum.

In the M1 *Infection, Inflammation, and Immunity* course, a lecture called "Health and Climate Change" had a slide outlining how climate change unequally affects communities of color, older adults, children, and low income communities.

This topic is briefly covered in an M2 *Reproductive Medicine* class titled "Reproductive Justice," taught by Josie Pinto. The class discusses environmental justice through the lens of a Reproductive Justice, emphasizing the "the right to be able to parent children in safe and sustainable communities," and emphasizes the sensitivity of pregnant people to climate change, especially those in low income areas often populated by BIPOC communities.

The M2 lecture "Ethical and Social Issues in Access to Renal Care" in the *Renal Medicine* course covered social and structural determinants of health on marginalized populations, especially access to care in low income countries in the context of natural disaster. Climate change was not mentioned here as a driver of increased natural disasters and extreme weather, but this would be a great area for integration and improvement.

# 1.10. Does your <u>medical school</u> curriculum address the unequal regional health impacts of climate change globally?

This topic was explored in depth by the core curriculum.

This topic was briefly covered in the core curriculum.

This topic was covered in elective coursework.

This topic was not covered.

Score explanation: In the M1 Infection, Inflammation, and Immunity course, a lecture called "Health and Climate Change" covered the topic of disproportionate climate change related mortality in areas of the world which have contributed the least to emissions.

However, there is ample opportunity to integrate this theme across other core curriculum. Additionally, though the topic was not covered in the core curriculum, the Global Health Scholars Journal Club held

a conference specifically discussing climate change and the effects on human migration patterns. During this meeting, participants also discussed possible areas of interventions for mitigating the effects of climate migration.

The M2 lecture "Ethical and Social Issues in Access to Renal Care" in the *Renal Medicine* course covered social and structural determinants of health on global marginalized populations, especially access to care in low income countries in the context of natural disaster. Climate change was not mentioned here as a driver of increased natural disasters and extreme weather, nor was unequal regional health, but this would be a great area for integration and improvement.

Curriculum: Environmental Health & the Effects of Anthropogenic Toxins on Human Health

# 1.11. Does your medical school curriculum address the reproductive health effects of industry-related environmental toxins (e.g. air pollution, pesticides)? 3 This topic was explored in depth by the core curriculum. 2 This topic was briefly covered in the core curriculum. 1 This topic was covered in elective coursework. 0 This topic was not covered.

Score explanation: This topic is covered in an M2 Reproductive justice class titled "Reproductive Justice," taught by Josie Pinto. As discussed above, the class discusses environmental justice through the lens of Reproductive Justice. It mentions the "flint water crisis impacting access to clean drinking water", and the "train derailment in East Palestine, Ohio releasing toxins into the environment" and that these events affect the ability of individuals to be pregnant and parent safely in their communities. This class was only meant to be an introduction to this topic. There were multiple missed opportunities in the rest of the course on reproductive medicine to discuss more specifically the physiologic mechanisms by which these toxins pose risks, and more specific health outcomes.

The *elective enrichment* course "Environmental Risk Factors and Health Decision-Making" explored how per- and polyfluoroalkyl substances (PFAS) exposure has been linked to increased incidence of "cancers, thyroid dysfunction, changes in cholesterol, and small reductions in birth weight."

An area for improvement would be to discuss reproductive health effects during pharmacologic lectures as many drugs are contraindicated for pregnant women but that is the extent of the discussion. A lecture that would be easy to incorporate this into would be an M1 lecture called "Cholinergic Receptor Agonists" presented in the *Cardiovascular Medicine* course because this lecture introduces organophosphate poisoning.

	1.12. Does your <u>medical school</u> curriculum address important human-caused environmental threats that are relevant to the university's surrounding community?	
3	This topic was explored in depth by the core curriculum.	
2	This topic was <b>briefly</b> covered in the <b>core</b> curriculum.	

1	This topic was covered in <b>elective</b> coursework.
0	This topic was <b>not</b> covered.

Score explanation: This topic was covered in the M1 session "Health and Climate Change" that took place during the *Infection, Inflammation, and Immunity* course. The detection and transmission of Zika Virus in the local New Hampshire area, and the risk this posed to pregnant people, was addressed. In this course, increased incidence of Lyme Disease in the community is also discussed. In the *Respiratory Medicine* course, the impacts of indoor wood storage and burning on air quality is discussed since it is the primary mode of heating in the surrounding area. Areas to expand include discussion of local groundwater contamination cases, increased ALS surrounding the Lake Mascoma region, and increased heat that is of concern to older adults without access to air conditioning.

# 1.13. To what extent does your medical school emphasize the importance of Indigenous knowledge and value systems as essential components of planetary health solutions? Indigenous knowledge and value systems are integrated throughout the medical school's planetary health education Indigenous knowledge and value systems as essential components of planetary health solutions are included briefly in the core curriculum. Indigenous knowledge and value systems as essential components of planetary health solutions are included in elective coursework. This topic was not covered.

### Score explanation:

This topic was also covered in the M1 *Infection, Inflammation, and Immunity* course, a 2 class based lecture series called "Planetary Health and Infectious Disease". The first lecture, there was a guest speaker, Bruce Duthu who is the Chair of the Department of Native American and Indigenous Studies at Dartmouth. He spoke about recognizing that the land we reside on is Abenaki land and how collaboration with our indigenous partners is necessary for health and environmental policy. The second lecture required pre-work that involved reading an article from The Lancet Planetary Health titled "The determinants of planetary health: and Indigenous Consensus Perspective". This article talks about how indigenous peoples' sovereignty is strained by the increasing effects of global environmental change within their territories and this has prompted a call to action to define the determinants of planetary health from an indigenous perspective. Pre-work also included a reading from the novel "Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge and the Teachings of Plants" by Robin Kimmerer.

As part of Native American Heritage Month in November, Dr. Jus Crea Giammarino, a practitioner of naturopathic medicine and environmental medicine, spoke on the importance of indigenous food and land sovereignty in addressing health disparities and planetary health. She also led an important discussion on the role of soil health, clean water, and plant based medicine as it pertains to mental and physical human health as well as the health of the Earth.

This topic was also discussed on the "Indian Health Service Trip," where a cohort of students traveled to four different tribes in Minnesota to learn about Native American culture and health care for a week. Leading up to the trip, four student led seminars and two speakers from Indigenous health care providers were hosted. These sessions discuss the importance of Indigenous knowledge and value

systems and their connection to planetary and human health. The speaker series are open to all Geisel students, but is not formally in the core curriculum.

# 1.14. Does your <u>medical school</u> curriculum address the outsized impact of anthropogenic environmental toxins on marginalized populations such as those with low SES, women, communities of color, children, homeless populations, Indigenous populations, and older adults?

This topic was explored in depth by the core curriculum.

This topic was briefly covered in the core curriculum.

This topic was covered in elective coursework.

This topic was not covered.

Score explanation: After implementation of the Race and Health Equity Longitudinal Curriculum (RHE LC), there are three M1 sessions on environmental racism and discrimination. The *Hematology* lecture called "Pediatrics, Ethics, and Race & Health Equity" discusses disproportionate exposure to environmental toxins and lead poisoning in marginalized populations. A *Foundations* class titled "Equity of Cancer Care in the United States," and a *Patients and Populations* class entitled "Context Session 2: Race in Medicine," discuss redlining and inequitable exposure to poorer air quality and carcinogens. An M1 combined *Respiratory and Cardiovascular* course lecture entitled "Environmental Injustice and the Effects on Cardiovascular and Pulmonary Diseases," addressed inequitable exposures to indoor air pollutants and their physiologic impacts. This topic is also briefly covered in an M2 Reproductive justice class titled "Reproductive Justice," which mentions the "flint water crisis impacting access to clean drinking water", and the "train derailment in East Palestine, Ohio releasing toxins into the environment" and their effect on low income areas often populated by BIPOC communities.

Curriculum: Sustainability

# 1.15. Does your <u>medical school</u> curriculum address the environmental and health co-benefits of a plant-based diet?

This topic was explored in depth by the core curriculum.

This topic was briefly covered in the core curriculum.

This topic was covered in elective coursework.

This topic was not covered.

Score explanation: In the first year GI, Metabolism, and Nutrition course, there is a required 2-hour Culinary Medicine session in which the effects of plant-based diet on the environment are discussed and students learn how to cook a three-part, affordable and healthy plant-based meal. The course also contains a nutrition lecture, "The Science of Healthy Eating" which discusses the environmental and health co-benefits of a plant-based diet.

1.16. Does your medical school curriculum address the carbon footprint of healthcare systems?	
3	This topic was explored in depth by the core curriculum
2	This topic was <b>briefly</b> covered in the <b>core</b> curriculum.
1	This topic was covered in <b>elective</b> coursework.
0	This topic was <b>not</b> covered.

### Score explanation:

The introductory lecture on Planetary Health in the M1 *Infection, Inflammation, and Immunity* course included a discussion of the carbon footprint of the US healthcare system, both as a contribution to disease burden and an area of opportunity for future physician leadership.

Opportunities to further incorporate this include educating students about which aspects of healthcare contribute the most and least to the carbon footprint. Potential topics include the footprint of anesthetic gasses in the OR rooms, medical waste, and more. Of note, there is an ongoing audit of waste production and the carbon footprint of the endoscopy suite by MS4SF members.

	1.17. Does your <u>medical school</u> curriculum cover these components of sustainable clinical practice in the <u>core</u> curriculum? (points for each)	
2	The health <b>and</b> environmental <b>co-benefits</b> of <b>avoiding</b> over-medicalisation, over-investigation and/or over-treatment	
2	The environmental impact of <b>pharmaceuticals</b> and over-prescribing as a cause of climate health harm. Alternatively teaching on <b>deprescribing</b> where possible and its environmental and health co-benefits would fulfill this metric.	
1	The health <b>and</b> environmental <b>co-benefits</b> of <b>non-pharmaceutical management</b> of conditions where appropriate such as exercise or yoga classes for type 2 diabetes; social group activities such as gardening for mental health conditions; active transport such as bicycle schemes. This is commonly known as social prescribing in the UK.	
1	Environmental impact of <b>surgical</b> healthcare on planetary health and the climate crisis, and how can it be mitigated	
1	The impact of <b>anaesthetic</b> gases on the healthcare carbon footprint and ways to reduce anesthesia environmental impacts, such as total intravenous anaesthesia or choosing less environmentally harmful anaesthetic gas options with reduced greenhouse gas emissions	
1	The impact of <b>inhalers</b> on the healthcare carbon footprint and the environmental benefit of dry powdered inhalers over metered dose inhalers.	
1	<b>Waste production</b> within healthcare <b>clinics</b> and strategies for reducing waste in clinical activities (e.g. single use items in the inpatient or outpatient setting)	
	Score explanation: Social prescribing was discussed in the second of two class sessions titled "Planetary Health and Infectious Disease" in the M1 Infection, Inflammation, and Immunity course. Specifically, students were informed about the existence of Vermont's Parks Rx program, where a number of free day passes to Vermont State parks are made available for participating medical providers to "prescribe" for their patients.	

Over-medicalization and its role in environmental harm is not discussed in the core curriculum. Polypharmacy was specifically mentioned during the "Heart Failure Seminar" small group case. But this case did not address the role of polypharmacy on the environment and instead only addressed it in the context of whether patients would be able to remember to take their full regimen. Although overprescribing of pharmaceuticals was mentioned in the context of antibiotic resistance, this was never tied into climate health. Another major opportunity was missed during lectures on cardiovascular pharmaceuticals, which discussed habit change but not how encouraging exercise may also lead to better environmental outcomes like a reduction in carbon emissions from vehicle use. The environmental impact of surgical impact and surgical waste is not discussed. Additionally, the lectures on asthma and respiratory pharmaceuticals in the *Respiratory Medicine* course both failed to mention the environmental impacts of various types of inhalers or anesthetic gases. Hospital waste is not yet addressed.

All of these areas offer room for curricular growth at Geisel.

Curriculum: Clinical Applications

# 1.18. In training for patient encounters, does your medical school's curriculum introduce strategies to have conversations with patients about the health effects of climate change? Yes, there are strategies introduced for having conversations with patients about climate change in the core curriculum.

- Yes, there are strategies introduced for having conversations with patients about climate change in **elective** coursework.
- No, there are **not** strategies introduced for having conversations with patients about climate change

This topic is covered via discussions about individual interventions in the "Environmental Racism: Impact of Air Pollution Exposure on Cardiovascular and Pulmonary Outcomes" lecture delivered during the *Respiratory Medicine* Course. Additionally, while the Structural Vulnerability Assessment Tool introduced during the Patients and Populations course addresses safe living conditions, toxic exposures, and access to healthy foods, students are not instructed on how to guide conversation to link these features with climate change and global health.

# 1.19. In training for patient encounters, does your <u>medical school's</u> curriculum introduce strategies for taking an environmental history or exposure history?

- 2 Yes, the **core** curriculum includes strategies for taking an environmental history.
- Only **elective** coursework includes strategies for taking an environmental history.
- No, the curriculum does **not** include strategies for taking an environmental history.

Score explanation: In the M1 Hematology course, there is an entire session dedicated to lead exposure in children called Hematology Integrations: Pediatrics, Ethics & Race and Health Equity. The objective

"Identify the common presentations, risk factors, and health consequences of lead toxicity in children" was addressed. In the longitudinal curriculum *On Doctoring*, there is opportunity to further discuss environmental or exposure history taking. Additional environmental exposure histories are taught in select locations, such as when working at the Veterans Affairs Hospital in WRJ, where strategies for taking a detailed history involving exposures during deployment were taught during a didactic session (i.e. Agent orange, burn pits, etc.).

### Curriculum: Administrative Support for Planetary Health

# 1.20. Is your medical school currently in the process of implementing or improving Education for Sustainable Healthcare (ESH)/planetary health education? Yes, the medical school is currently in the process of making major improvements to ESH/planetary health education. Yes, the medical school is currently in the process of making minor improvements to ESH/planetary health education. No, there are no improvements to planetary health education in progress.

Score explanation: There is a recently formed sub-committee focused on planetary health within a medical-school wide group dedicated to making longitudinal curricular changes related to race and health equity. Minor curricular improvements are currently being drafted, but is an ongoing area of collaboration.

# 1.21. How well are the aforementioned planetary health/Education for Sustainable Healthcare topics integrated longitudinally into the core curriculum? 6 Planetary health/ESH topics are well integrated into the core medical school curriculum. 4 Some planetary health/ESH topics are appropriately integrated into the core medical student curriculum. 2 Planetary health/ESH is not integrated and is primarily addressed in (a) standalone lecture(s). O There is minimal/no education for sustainable healthcare.

Score explanation: At this point, components of planetary health are taught in standalone lectures in multiple courses. Opportunities for further education are advertised during these lectures (ex. Joining MS4SF). While learning objectives related to planetary health are contained within these lectures, these learning objectives are not part of broader course objectives. Further integration is therefore needed throughout the core curriculum at Geisel, and there is an ongoing effort among a group of medical students and staff to create more longitudinal incorporation of climate and health themes into the medical school curriculum.

1.22. Does your <u>medical school</u> employ a member of faculty to specifically oversee and take responsibility for the incorporation of planetary health and sustainable healthcare as a theme throughout the course?

- Yes, the medical school has a specific faculty/staff member responsible for overseeing curricular integration of planetary health and sustainable healthcare
- No, the medical school does not have a specific faculty/staff member responsible for overseeing curricular integration of planetary health and sustainable healthcare.

*Score explanation:* There are faculty members who are actively working to incorporate planetary health lectures into the curriculum. Dr. Sarah Crockett is leading the formation of a Climate and Health Working Group on the Longitudinal Curriculum Committee. However, there is not a person who is specifically employed to oversee curricular integration.

# Section Total (40 out of 72) 55.56%

### Back to Summary Page here

Are there additional curriculum resources offered at your medical school or institution not yet asked about that you would like to describe? If so, please do so below.

# **Interdisciplinary Research**

Section Overview: This section evaluates the quality and quantity of interdisciplinary planetary health research at the medical school and broader institution. Interactions between health and the environment are complex and multifactorial. While climate change has been extensively studied from an environmental science perspective, planetary health is an emerging field. As leading health institutions with talented researchers and research resources, medical schools should fund research studying the health effects of climate change and anthropogenic environmental toxins. This obligation is particularly strong because the public and policymakers are more attentive to climate change when its implications for human health are emphasized.

# 2.1. Are there researchers engaged in planetary health research and healthcare sustainability research at your medical school? Yes, there are faculty members at the medical school who have a primary research focus in planetary health or healthcare sustainability. Yes, there are individual faculty members at the medical school who are conducting research related to planetary health or healthcare sustainability, but it is not their primary research focus. There are planetary health and/or healthcare sustainability researchers at the institution, but none associated with the medical school.

No, there are **no** planetary health and/or healthcare sustainability researchers at the **institution** or **medical school** at this time.

Score explanation: There are several faculty members at Geisel who are focused on researching planetary health topics. Dr. Heiko Pohl, a Professor of Gastroenterology, does research focused on the carbon emissions associated with performing endoscopies. Dr. Laura Paulin is an Assistant Professor of Medicine, Section of Pulmonary and Critical Care Medicine, who studies air pollution and its impact on human health. Dr. Elijah Stommel, a Professor of Neurology, studies the implications of a changing climate on Amyotrophic Lateral Sclerosis and other Neurodegenerative Diseases. Outside of the medical school, the graduate program *Ecology, Evolution, Environment, and Society (EEES)* at Dartmouth has researchers working on projects related to planetary health. For example, the lab of Dr. Kathy Cottingham studies the distribution of Lyme Disease in a changing climate and the health impacts of arsenic exposure. Additionally, Dr. Justin Mankin leads the Dartmouth Climate Modeling and Impacts Group that models aspects of climate change. This is just a sampling of planetary health-related research that is happening on campus, however most of the research is with faculty outside of the medical school. Researchers in this space were highlighted at the Irving Institute Faculty Symposium on Climate, Energy, and Society:

 $\frac{https://irving.dartmouth.edu/news-events/news-events/dartmouth-climate-energy-week/faculty-symposium-climate-energy-and-society.}{\\$ 

# 2.2. Is there a dedicated department or institute for interdisciplinary planetary health research at your <u>institution</u>?

There is **at least one** dedicated department or institute for interdisciplinary planetary health research

3

There is **not currently** a department or institute for interdisciplinary planetary health research, but there are **plans** to open one in the next 3 years.

There is an **Occupational and Environmental Health department**, but no interdisciplinary department or institute for planetary health research.

There is **no** dedicated department or institute.

Score explanation: There is an Office of Environmental Health and Safety at Dartmouth that provides guidance on lab waste disposal and other environmental concerns, but this office does not engage in research. The Children's Environmental Health and Disease Prevention Research Center does research related to environmental health exposures. This group is not focused on exposures related to climate change, however. They do research focused on childhood immune function in the context of allergy/asthma and arsenic exposure on child growth and development. Some researchers engaged in planetary health research are part of the graduate program *Ecology, Evolution, Environment, and Society (EEES)* at Dartmouth. Other institutes at Dartmouth engaged in climate change-related research include the Irving Institute of Energy and Society, Institute of Arctic Studies, Dartmouth Toxic Metals Superfund Research Program, Revers Center, and The Dartmouth Institute for Health Policy and Clinical Practice. A single institute does not exist to bring together the work underway here that relates aspects of environmental and planetary health.

# 2.3. Is there a process by which communities disproportionately impacted by climate change and environmental injustice give input or make decisions about the research agenda at your <u>medical school</u>?

- Yes, there is a process in which community members impacted by climate and environmental injustice have **decision-making power** in the climate + environmental research agenda.
- Yes, there is a process in which community members impacted by climate and environmental injustice **advise** the climate + environmental research agenda.
- No, but there are **current efforts** to establish a process for community members to advise or make decisions on the research agenda.
- 0 There is **no** process, and **no** efforts to create such a process.

Score explanation: There are efforts being made to allow students to partner with the community to implement local changes. For example, there is a Spring 2024 elective being offered, "State Based Health Policy and Advocacy" where students meet New Hampshire legislators and learn about health policy developments on a local level. This would allow the community to guide projects that medical students take on. Though largely, the community does not have a clear way to give input or make decisions about research projects underway at Dartmouth. Since this is a small community, many Dartmouth professors and/or students are part of Vital Communities, Sustainable Hanover, Upper Valley Adaptation Workgroup, and local energy committees where community input can be heard. On Earth Day 2023, the Sustainability Office at Dartmouth hosted a town hall on the transition to a low carbon energy future. They also plan to host a town hall on Earth Day 2024, and most seminars hosted by the Irving Institute for Energy and Society are open to the public. However, research underway at Dartmouth is led by the investigators and the institution.

# 2.4. Does your institution have a planetary health website that centralizes ongoing and past research related to health and the environment? There is an easy-to-use, adequately comprehensive website that centralizes various campus resources related to health and the environment including all of the following: upcoming events, leaders in planetary health at your institution, and relevant funding opportunities. There is a website that attempts to centralize various campus resources related to health and the environment, but it is hard-to-use, not updated, or not adequately comprehensive. The institution has an Office of Sustainability website that includes some resources related to health and the environment. There is no website.

Score explanation: Dartmouth College has an Office of Sustainability with a comprehensive website about campus sustainability initiatives. Direct ties to health and the environment are not clear here, however. Additionally, the <a href="Children's Environmental Health and Disease Prevention Research Center">Center</a> also has a website that brings together their research related to pediatric and maternal environmental exposures, but again this is not directly tied to planetary health. The <a href="Arthur L. Irving Institute for Energy and Society">Arthur L. Irving Institute for Energy and Society</a> has information related to energy research. And finally, the <a href="Revers Center for Energy, Sustainability,">Revers Center for Energy, Sustainability, and Innovation</a> has information related to the projects of fellows doing research projects relevant to planetary health. While these exist, they do not centralize projects across campus related to planetary health.

### 2.5. Has your institution recently hosted a conference or symposium on topics related to planetary health? Yes, the **medical school** has hosted at least one conference or symposium on topics related to 4 planetary health in the past year. Yes, the **institution** has hosted at least one conference or symposium on topics related to 3 planetary health in the past year. Yes, the **institution** has hosted a conference on topics related to planetary health in the past three 2 vears. The **institution** has not hosted any conferences directly, but they have provided financial support 1 for a local planetary health event. No, the **institution** has not hosted a conference on topics related to planetary health in the past three years.

Score explanation: Geisel's NNE CO-OP Practice & Community Based Research Network held their 43rd annual conference on the codominant themes of climate and health and political determinants of health on January 27-29, 2023. Additionally, Dartmouth College's Irving Institute for Energy and Society hosted a conference in October 2023 focused on energy futures, meeting climate targets through renewable energy sources, and climate change research on campus. This conference did feature various planetary health researchers on campus.

# 2.6. Is your <u>medical school</u> a member of a national or international planetary health or ESH organization?

- Yes, the medical school is a member of a national or international planetary health **or** ESH organization
- 0 No, the medical school is **not** a member of such an organization

*Score explanation:* The Geisel School of Medicine at Dartmouth is a member of the Global Consortium on Climate and Health Education. Dartmouth-Hitchcock Medical Center is also a member of Practice Greenhealth.

# Section Total (10 out of 17) 58.82%

### Back to Summary Page <u>here</u>

Are there additional research resources offered at your medical school or institution not yet asked about that you would like to describe? If so, please do so below.

# **Community Outreach and Advocacy**

Section Overview: This section evaluates medical school engagement in community outreach and advocacy efforts associated with planetary health. Researching and teaching planetary health is necessary but not sufficient. It is critical that institutions also directly engage with communities most affected by environmental health harms. Although climate change is a problem largely created by those with power and resources, its impacts fall disproportionately on under-resourced populations and communities of color. Institutions should partner with local communities affected by climate change and pollution to share information about environmental health threats, advocate together for change, and provide opportunities for students to be a part of this work.

# 3.1. Does your medical school partner with community organizations to promote planetary and environmental health? Yes, the medical school meaningfully partners with multiple community organizations to promote planetary and environmental health. Yes, the medical school meaningfully partners with one community organization to promote planetary and environmental health. The institution partners with community organizations, but the medical school is not part of that partnership. No, there is no such meaningful community partnership.

Score explanation: Geisel does not have consistent partnerships with organizations involved in environmental health. Students can independently volunteer with Willing Hands, a local gleaning organization that recovers nutritious food from supermarkets and helps grow nutritious food for pantries in the region. Students can also volunteer with the Haven Community Garden, which offers fresh produce from the garden to their residents experiencing homelessness or food insecurity. Involvement with these organizations is largely student-directed. Additionally, there is the opportunity for students to join the organization New Hampshire Healthcare Workers for Climate Action, which was established in 2021. Dartmouth College partners with community groups like Sustainable Hanover or the Upper Valley Adaptation Workgroup to work on getting the town of Hanover, NH to 100% renewable energy sourcing.

# 3.2. Does your medical school offer community-facing courses or events regarding planetary health? 3 The medical school offers community-facing courses or events at least once every year. 2 The medical school offers courses or events open to the community at least once per year, but they are not primarily created for a community audience. 1 The institution has offered community-facing courses or events, but the medical school was not involved in planning those courses or events. 0 The institution/medical school have not offered such community-facing courses or events.

Score explanation: The Dartmouth Sustainability Office and Irving Institute for Energy and Society have hosted community-facing events related to planetary health, but the medical school was not involved in planning or hosting. For example, for Earth Week, the Sustainability Office hosted a public talk with Dr. Jay Lemery titled "Perspectives on the human health impacts of climate change from a pioneer in climate medicine."

	3.3. Does your <u>medical school</u> have regular coverage of issues related to planetary health and/or sustainable healthcare in university update communications?	
2	Yes, all students <b>regularly</b> receive communication updates dedicated to planetary health and/or sustainable healthcare.	
1	Yes, planetary health and/or sustainable healthcare topics are <b>sometimes</b> included in communication updates.	

O Students **do not** receive communications about planetary health or sustainable healthcare.

*Score explanation:* No such communication exists at Geisel or at DHMC, and the undergraduates are the Sustainability Office's target audience. MS4SF has discussed compiling updates to add to our school's monthly wellness letter, but no such communication has been distributed yet.

# 3.4. Does the <u>institution</u> or <u>main affiliated hospital trust</u> engage in professional education activities targeting individuals post graduation with the aim of ensuring their knowledge and skills in planetary health and sustainable healthcare remain up to date during their professional career?

- Yes, the **institution** or **main affiliated hospital trust** offers multiple in-person or online courses relating to planetary health and/or sustainable healthcare for post-graduate providers, including at least one with a primary focus of planetary health.
- Yes, the **institution** or **main affiliated hospital trust** offers one course relating to planetary health and/or sustainable healthcare for post-graduate providers
- There are **no** such accessible courses for post-graduate providers

Score explanation: The institution does not offer courses, but there have been several Grand Rounds dedicated to areas of planetary health where providers can receive CME credits. There was a Grand Rounds held on November 10, 2023 where Dr. Heiko Pohl spoke on "Innovation and Climate Change: Strategies for Improving Sustainability in Gastroenterology and Hepatology." There was a Grand Rounds held on November 14, 2023 where Drs. Janet Lewis and Joshua Wortzel spoke on "The Impacts of Climate Change on Mental Health and Emerging Implications." There is a Climate and Health ECHO course put together in 2022 by DH staff and Geisel medical students targeting healthcare workers at DH and around the country that is still available for post-graduate providers to view. Also, New Hampshire Healthcare Workers for Climate Action (NH HWCA) has offered many events that count as continuing education credits for physicians in New Hampshire and Vermont. These are virtual lectures that encompass topics such as climate change and human migration, climate change and birth outcomes, and mental health impacts of climate change. Many healthcare professionals at Dartmouth access these, but they are not offered through DHMC.

# 3.5. Does your <u>medical school</u> or its <u>affiliated teaching hospitals</u> have accessible educational materials for patients about environmental health exposures?

- Yes, the **medical school** or <u>all</u> **affiliated hospitals** have accessible educational materials for patients.
- 1 **Some** affiliated hospitals have accessible educational materials for patients.
- **No** affiliated medical centers have accessible educational materials for patients.

Score explanation: Educational materials for patients related to environmental health exposures, for example in pulmonology regarding air pollution and asthma, are available upon request or when given by a physician if they deem it relevant. This varies between departments at DHMC. Medical Students for a Sustainable Future at Geisel has worked with New Hampshire Healthcare Workers for Climate Action on securing posters with QR codes to display in provider offices which offer patients material related to environmental health exposures, though these posters are not displayed in every DH affiliated clinic. These posters were targeted at pediatric populations and displayed in primary care offices.

# 3.6. Does your <u>medical school</u> or its <u>affiliated teaching hospitals</u> have accessible educational materials for patients about the health impacts of climate change?

- Yes, the **medical school** or **all affiliated hospitals** have accessible educational materials for patients.
- 1 **Some** affiliated hospitals have accessible educational materials for patients.
- 0 **No** affiliated hospitals have accessible educational materials for patients.

Score explanation: Medical Students for a Sustainable Future at Geisel has worked with New Hampshire Healthcare Workers for Climate Action on securing posters with QR codes to display in provider offices which offer patients material related to climate effects on health, environmental health exposures, though these posters are not displayed in every DH affiliated clinic. The Climate-Informed Pediatric Care group at Dartmouth Hitchcock has made various brochures and posters related to the health impacts of climate change, and these are being distributed.

### Section Total (5 out of 14)

35.71%

### Back to Summary Page here

Are there additional community engagement and advocacy resources offered at your medical school or institution not yet asked about that you would like to describe? If so, please do so below.

# **Support for Student-Led Planetary Health Initiatives**

<u>Section Overview:</u> This section evaluates institutional support for student-led planetary health initiatives, such as funding, fellowships, programming, and student groups. Planetary health is a young field and, as young people facing a future deeply shaped by climate change, students are often some of the first at an institution to engage with it. Institutions should provide support for students to engage in sustainability quality improvement (QI) initiatives, discover mentors in their area of interest, and receive funding for planetary health projects.

# 4.1. Does your <u>medical school</u> or your <u>institution</u> offer support for medical students interested in enacting a sustainability initiative/QI project?

- Yes, the **medical school** or **institution** *either* offers grants for students to enact sustainability initiatives/QI projects *or* sustainability QI projects are part of the core curriculum.
- The **medical school** or **institution** encourages sustainability QI projects (to fulfill clerkship or longitudinal requirements) and offers resources to help students succeed in these projects, **but** there is no student funding available and there is no requirement to participate.
- No, **neither** the medical school or the institution offer opportunities or support for sustainability initiatives or QI projects.

Score explanation: Medical students can apply for funding for projects related to energy research through the Irving Institute of Energy. Medical students are also eligible to apply for project funding through Dartmouth College's Sustainability Office, though this information is not easy to find and few medical students are likely aware of this resource. In addition, there are unfunded QI opportunities within the second and fourth year curricula that could be used to focus on sustainability or planetary health-related projects. Medical students can also submit funding requests to the medical school Student Government, and sustainability-focused initiatives would be considered. Furthermore, medical students can receive funding for projects that could be planetary health related through the Swigart Ethics Fellowship or Schweitzer Fellowship.

# 4.2. Does your <u>institution</u> offer opportunities for medical students to do research related to planetary health and/or sustainable healthcare?

- The **institution** has a **specific** research program or fellowship for students interested in doing planetary health/sustainable healthcare research.
- There are research opportunities for students to perform research related to planetary health/sustainable healthcare, but these **require student initiative** to seek these out and carry them out in their spare time.
- There are **no opportunities** for students to engage in planetary health/sustainable healthcare research.

Score explanation: Both Dartmouth College and Geisel offer funded research opportunities to medical students, a number of which could be used to conduct a project related to sustainability and/or climate change and health as long as other existing criteria were met. These include M1 summer research funding, the <a href="Swigart Ethics Fellowship">Swigart Ethics Fellowship</a>, and the <a href="Schweitzer Fellowship">Schweitzer Fellowship</a>. In addition, medical students are eligible to apply for mini-grants through the <a href="Irving Institute for Energy">Irving Institute for Energy</a> at Dartmouth College.

There are no dedicated funds or opportunities for planetary health, climate change and health, or sustainable healthcare. All of these require student initiative and involvement outside of the curriculum. Various students are engaged in sustainable healthcare research on campus, such as clinical waste audits, but these activities are done in student spare time.

- 4.3. Does the <u>medical school</u> have a webpage where medical students can find specific information related to planetary health and/or sustainable healthcare activities and mentors within the medical school? For example, projects achieved, current initiatives underway at the medical school and/or contact of information of potential mentors.
- The **medical school** has a webpage with specific information related to planetary health or sustainable healthcare that includes up-to-date information on relevant initiatives and contact information of potential mentors.
- There is a **medical school** webpage that features some information on projects and mentors within planetary health and sustainable healthcare within the medical school, but it lacks key information.
- There is **no medical-school** specific webpage for locating planetary health and/or sustainable healthcare projects or mentors.

Score explanation: There is a new student Research Opportunities website with internal and external research opportunities, a database listing faculty projects, and funding resources. This website allows faculty studying planetary health and sustainability to look for interested students, although this information is limited. There are currently no faculty engaged in planetary health/ sustainable healthcare projects represented on this database.

- 4.4. Does your <u>medical school</u> have registered student groups dedicated towards fostering a culture of planetary health engagement, scholarship, and advocacy on campus, supported by faculty advisors?
- Yes, there is a student organization **with faculty support** at my medical school dedicated to planetary health or sustainability in healthcare.
- Yes, there is a student organization at my medical school dedicated to planetary health or sustainability in healthcare but it **lacks faculty support.**
- No, there is **not** a student organization at my institution dedicated to planetary health or sustainability in healthcare.

Score explanation: The Geisel chapter of Medical Students for a Sustainable Future (MS4SF) was started in the summer of 2020 and obtains faculty support from several Geisel faculty. We also have begun meeting with New Hampshire Healthcare Workers for Climate Action and a newly formed group of physicians interested in the intersection of climate change and health at DHMC. Additionally, faculty connections established through our MS4SF group have led to multiple members finding research opportunities and mentors in the field of sustainability.

Physicians for Human Rights recently (Winter 2023) held an advocacy workshop outlining steps to write testimony to support or oppose local legislation. Members of MS4SF were in attendance and

intend to utilize these strategies to specifically target climate related legislation during this legislative cycle.

# 4.5. Is there a student liaison representing sustainability interests who serves on a <u>medical school</u> or <u>institutional</u> decision-making council to advocate for curriculum reform and/or sustainability best practices?

- Yes, there is a student representative that serves on a medical school or institutional decision-making council/committee.
- 0 No, there is no such student representative.

Score explanation: There is no single, overarching institutional decision-making council at Dartmouth. Undergraduate students sit on most institutional level sustainability groups such as the Sustainability Working Group that created the "Our Green Future 2.0" report for the College, and are also present on almost all ad hoc committees. One of our MS4SF members sat on the Waste Management Ad Hoc Committee for the Green Futures Report 2.0 at Dartmouth College.

Additionally, there is no formal position within the medical school's Student Government body or Medical Education Committees to advocate for planetary health curriculum. Similarly, the graduate student council (for which combined-degree students are eligible) does not have a dedicated sustainability position. Geisel formed a Planetary Health sub-committee on the Race and Health Equity (RHE) Longitudinal Curriculum (LC) committee to advocate for curricular reform, but this sub-committee has not taken any notable steps beyond its formation at this point. Our chapter of MS4SF does have a student liaison that attends the Sustainability Working Group of the Dartmouth Alliance for Climate and Health, a group of Dartmouth physicians involved in advocating for sustainability best practices at our main teaching hospital.

# 4.6. In the past year, has the <u>institution</u> had one or more co-curricular planetary health programs or initiatives in the following categories? (1 point each)

- Projects where students are able to gain experience in organic agriculture and sustainable food systems, such as gardens, farms, community supported agriculture (CSA), fishery programs, or urban agriculture projects.
- Panels, speaker series, or similar events related to planetary health that have students as an intended audience.
- Events in which students learn directly from members of a local environmental justice community about the climate and environmental challenges they face, and how health professionals can partner with their community to address these exposures and impacts.
- Cultural arts events, installations or performances related to planetary health that have students as an intended audience.
- Local volunteer opportunities related to building community resilience to anthropogenic environmental impacts.
- Wilderness or outdoors programs (e.g., that organize hiking, backpacking, kayaking, or other outings for students)

### Score explanation:

- (1) The Dartmouth Organic Farm hosts the Farm Club, which is primarily run for undergraduate students but welcomes interested medical students. Since the spring of 2021, medical students have the opportunity to volunteer at the Farmacy at Dartmouth-Hitchcock Medical Center and learn about organic agriculture, how to run small vegetable gardens, and links to healthcare. At the medical school orientation, M1s also volunteer at local farms. Score of 1.
- (2) Medical students can attend the <u>speaker series</u> hosted by NH Healthcare Workers for Climate Action, which hosts many talks around the topic of planetary health. This series is not directed at students, but students are encouraged to attend. Score of 1.
- (3) Medical students at Geisel have been invited to join and participate with a new climate & health based organization called New Hampshire Healthcare Workers for Climate Action (NH HWCA) based out of Concord, NH, which formed in August 2021 and is chaired by Dr. Bob Friedlander, a retired palliative care oncologist. The organization consists of multiple working groups (Behavioral Health, Climate Justice, Education, Communication, and Children's Health). NH HWCA has been involved with directly educating ~20 first year Urban and Global Health Scholars about ways health professionals can address local environmental challenges. Score of 1.
- (4) During Native American Heritage Month, Geisel hosted Dr. Jus Crea, a naturopathic doctor, to talk about clinical applications of herbal medicine and the importance of caring for the Earth. The Hopkins Center for the Arts (the HOP) hosts a wide array of cultural events throughout the year, and their programming in the past several seasons has included performances or art installations related to climate change and planetary health. There are also screenings of films and live performances centered around indigenous practices and art. The HOP is also in the process of being renovated in accordance with Dartmouth's sustainable energy goals. Score of 1.
- (5) There are numerous local environmental organizations in the Upper Valley region, many focused around sustainable and organic agriculture, local food systems, and discussions about local energy needs and housing. Medical student groups have occasionally organized gleaning volunteer days with Willing Hands, but students are always welcome to volunteer with those organizations on an individual basis. Vital Communities, the Upper Valley Adaptation Workgroup, and Sustainable Hanover are also groups working to build a climate resilient community here in the Upper Valley. Score of 1.
- (6) The Medical School funds a student run, weekend long First Year Trips wilderness program for the incoming M1s, which gets about 90% participation of the incoming class. These trips are lead by upperclassmen and connect students from all backgrounds with the outdoors and activities like hiking, canoeing, paddle boarding, and camping. upon arrival, and start conversations about "wilderness as medicine," land stewardship, and indigenous history. Additionally, the Dartmouth Outing Club organizes many opportunities for students to engage in outdoor activities. These are primarily aimed at undergraduates, but graduate and medical students are able to use their resources, equipment, and take exercise classes. There is also a "Wilderness Medicine" elective offered in Spring 2024. Score of 1.

Total score: 6/6

### Section Total (11 out of 15)

73.33%

### Back to Summary Page <u>here</u>

Are there additional student-led initiative resources offered at your medical school or institution not yet asked about that you would like to describe? If so, please do so below.

# **Campus Sustainability**

Section Overview: This section evaluates the support and engagement in sustainability initiatives by the medical school and/or institution. The healthcare industry is a major contributor to greenhouse gas emissions as well as pollution that harms local, regional, and global ecosystems. While healthcare is, by nature, a resource-intensive endeavor, the healthcare sector is well poised to lead the world to a more sustainable future. This will involve scrutinizing every aspect of how our systems operate, from where we source our energy, to how we build our infrastructure, to what companies we invest in. Our medical schools, clinics, and hospitals must set the standard for sustainable practices, and show other sectors what is possible when it comes to minimizing environmental impact.

5.1. Does your medical school and/or institution have an Office of Sustainability?	
3	Yes, there is an Office of Sustainability with multiple full-time staff dedicated to campus sustainability. If the Office of Sustainability serves the entire campus, there is <b>at least one designated staff member</b> for sustainability at the hospital and/or medical school.
2	There is an Office of Sustainability with one or more full-time staff dedicated to campus sustainability, but <b>no specific staff member</b> in charge of medical school and/or hospital sustainability.
1	There are <b>no salaried sustainability staff</b> , but there is a sustainability task force or committee
0	There are <b>no</b> staff members <b>or</b> task force responsible for overseeing campus sustainability

Score explanation: Dartmouth College does have an Office of Sustainability. Within the Office Of Sustainability, there is no one dedicated to sustainability at the medical school. Likewise, the main hospital affiliated with Geisel, Dartmouth-Hitchcock Medical Center, has a sustainability council that is newly reformed after the sustainability programs at the hospital were cut in 2016 due to budgetary restrictions. Dr. Heiko Pohl was recently appointed to a healthcare sustainability position at Dartmouth-Hitchcock Medical Center, but there is no such position at the Geisel School of Medicine.

5.2.	5.2. How ambitious is your <u>institution/medical school</u> plan to reduce its own carbon footprint?	
5	The institution/medical school has a <b>written and approved plan</b> to achieve carbon neutrality by <b>2030</b>	
3	The institution/medical school has a <b>written and approved plan</b> to achieve carbon neutrality by <b>2040</b>	
1	The institution/medical school has a stated goal of carbon neutrality by <b>2040</b> but has <b>not created a plan</b> to reach that goal or the <b>plan is inadequate</b>	
0	The institution/medical school does <b>not</b> meet any of the requirements listed above	
	Score explanation: In Dartmouth's 2017 Sustainability Road Map, Dartmouth set a goal to "improve the efficiency of energy transmission and distribution systems by 20 percent by 2030 (relative to efficiency levels from 2010), obtain 50 percent of energy supply from renewable sources by 2025 and 100 percent by 2050, and reduce Scope 1 and 2 greenhouse gas emissions by 50 percent by 2025 and 80 percent by 2050 (relative to a 2010 emissions baseline)." The plan	

to achieve these goals included steam to hot water conversion and a new power generation source. Dartmouth Sustainability states they are "on track to meet most of our greenhouse gas emissions targets (having reduced our emissions about 30% towards a 50% goal), but it remains to be seen whether we can meet our 2025 target in 2025." There is no goal that clearly states carbon neutrality. The town of Hanover, NH where Dartmouth is located has a goal of 100% renewable energy by 2050. In February 2024, the Town of Hanover will hold a Public Hearing on the newly proposed Master Plan, which includes escalatory steps to reach their 2025 goal. There has been no significant change in stated sustainability goals since the last Planetary Health Report Card. In 2022/3, Dartmouth-Hitchcock ultimately did not sign onto the HHS Health Sector Climate pledge which aimed to reduce emissions by 50% by 2030 and achieve net zero emissions by 2050, despite widespread support among DH staff.

# 5.3. Do buildings/infrastructure used by the medical school for teaching (not including the hospital) utilize renewable energy? Yes medical school buildings are 100% powered by renewable energy Medical school buildings source >80% of energy needs from off-site and/or on-site renewable energy. Medical school buildings source >20% of energy needs from off-site and/or on-site renewable

Medical school buildings source <20% of energy needs from off-site and/or on-site renewable energy.

Score explanation: According to the Sustainability Office, about 13% of the medical school's electricity is coming from renewables. Approximately 3% of their consumption is generated on campus from rooftop solar. This only pertains to the medical school buildings on campus. It was noted that in 2020, Dartmouth College purchased 7500 megawatt hours of Renewable Energy Certificates (RECs), but this was dispersed across campus buildings. Medical school facilities at the hospital use a different energy supply. 10% of the energy at the hospital is produced from a solar array through Norwich Solar Technologies.

# 5.4. Are sustainable building practices utilized for new and old buildings on the <u>medical school</u> campus, with design and construction of new buildings and remodeling of old buildings conforming to a published sustainability rating system or building code/guideline?

- Yes, sustainable building practices are utilized for new buildings on the medical school campus and the **majority** of old buildings **have been retrofitted** to be more sustainable.
- Sustainable building practices are utilized for new buildings on the medical school campus, but most old buildings have **not been retrofitted.**
- 1 Sustainable building practices are **inadequately or incompletely** implemented for new buildings.
- O Sustainability is **not considered** in the construction of new buildings.

*Score explanation:* Dartmouth adheres to the National Green Building Standard for all buildings on the Dartmouth campus. New buildings are constructed following these <u>guidelines</u>, and old buildings are

updated or are currently being retrofitted to meet Dartmouth's energy goals. The medical school campus buildings specifically have not undergone significant energy retrofitting. Dartmouth is in the process of retrofitting all buildings to low temperature hot water heating from electrical heating sources, yet this is a large undertaking that is rather slow.

# 5.5. Has the <u>medical school</u> or <u>institution</u> implemented strategies to encourage and provide environmentally-friendly transportation options for students and reduce the environmental impact of commuting?

- Yes, the medical school or institution has implemented strategies to encourage and provide **environmentally-friendly transportation options** such as safe active transport, public transport, or carpooling and these options are well-utilized by students. Alternatively, the campus location is not amenable to unsustainable forms of transportation by default.
- The medical school or institution has implemented **some** strategies to provide environmentally-friendly transportation options, but the options are **unsatisfactorily** accessible or advertised.
- The medical school or institution has **not** implemented strategies to encourage and provide environmentally-friendly transportation options.

Score explanation: The medical school and Dartmouth College have recently implemented environmentally-friendly transportation options, including accessible and frequently running buses between the medical school, undergraduate campus, Dartmouth Hitchcock Medical Center, and local housing clusters. These buses are free and run from 7 AM to 2 AM, with 24 hour service, depending on the season. There are also some bike paths and bike racks used by students in the area. It should be noted that it is still difficult to access off-campus clinical sites without a car, and the medical school expects all 3rd year students to have access to a car for regular use. Given the remote nature of the school and clinical sites, environmentally-friendly transportation options are not highly accessible.

# 5.6. Does your <u>medical school</u> have an organics recycling program (compost) and a conventional recycling program (aluminum/paper/plastic/glass)?

- Yes, the medical school has **both** compost **and** recycling programs accessible to students and faculty.
- The medical school has **either** recycling **or** compost programs accessible to students and faculty, but not both
- There is **no** compost or recycling program at the medical school.

Score explanation: The medical school has a recycling program through the college. Composting is accessible in the undergraduate cafeteria, but not easily accessible to Geisel medical students. Medical students have sought expansion of composting services to the medical school, but have been unsuccessful in getting the medical school to fund such a service.

5.7. Does the <u>medical school</u> apply sustainability criteria when making decisions about the campus food and beverage selections (e.g. local sourcing, reduced meat, decreased plastic

pack	packaging)?	
3	Yes, the medical school has a <b>dequate s</b> ustainability requirements for food and beverages, including meat-free days or no red-meat, and <b>is engaged</b> in efforts to increase food and beverage sustainability.	
2	There are sustainability guidelines for food and beverages, but they are <b>insufficient or optional</b> . The medical school <b>is engaged</b> in efforts to increase food and beverage sustainability.	
1	There are sustainability guidelines for food and beverages, but they are <b>insufficient or optional.</b> The medical school is <b>not</b> engaged in efforts to increase food and beverage sustainability.	
0	There are <b>no</b> sustainability guidelines for food and beverages.	

Score explanation: The medical school does not have any food and beverage sustainability guidelines. Of note, the medical school does not have its own dining hall, so these policies would need to be implemented to specifically address on-campus catered events. There has been more of an effort this year to make sure there are vegetarian/vegan options, however these do not replace meat options in a substantial way. The hospital dining options adhere to some of GreenHealth Exchange procurement guidelines, but these are not comprehensive. The medical school is not involved in these selections.

# 5.8. Does the medical school or institution apply sustainability criteria when making decisions about supply procurement? Yes, the medical school has adequate sustainability requirements for supply procurement and is engaged in efforts to increase sustainability of procurement. There are sustainability guidelines for supply procurement, but they are insufficient or optional. The medical school is engaged in efforts to increase sustainability of procurement. There are sustainability guidelines for supply procurement, but they are insufficient or optional. The medical school is not engaged in efforts to increase sustainability of procurement.

*Score explanation:* Geisel does not have supply procurement sustainability guidelines. The main affiliate hospital, Dartmouth Hitchcock Medical Center, adheres to some sustainability guidelines through <u>GreenHealth Exchange</u>. Dartmouth College is in the process of writing sustainable procurement policies as part of the My Green Future 2.0 Report.

There are **no** sustainability guidelines for supply procurement.

5.9. Are there sustainability requirements or guidelines for events hosted at the <u>medical school</u> ?	
2	Every event hosted at the medical school <b>must</b> abide by sustainability criteria.
1	The medical school <b>strongly recommends or incentivizes</b> sustainability measures, but they are <b>not required.</b>
0	There are <b>no</b> sustainability guidelines for medical school events.

Score explanation: No such guidelines exist at Dartmouth. Any sustainability initiatives at events are student led.

# 5.10. Does your <u>medical school</u> have programs and initiatives to assist with making lab spaces more environmentally sustainable?

- Yes, the medical school has **programs** and **initiatives** to assist with making lab spaces more environmentally sustainable.
- There are **guidelines** on how to make lab spaces more environmentally sustainable, but not programs or initiatives.
- There are **no** efforts at the medical school to make lab spaces more sustainable.

Score explanation: Score explanation: Dartmouth does have an Environmental Health and Safety Department that has an environmental focus. It is primarily focused on laboratory chemical waste management. In that sense, this department provides feedback on how to help labs be more environmentally friendly. The guidelines are not clearly noted anywhere, however. A representative from EHS is willing to have these types of discussions with laboratory personnel if sought out. There is an opportunity for Geisel to team up with My Green Labs to make laboratory spaces more environmentally friendly.

### 5.11. Does your institution's endowment portfolio investments include fossil-fuel companies?

- The institution is **entirely divested** from fossil fuels **and** has made a **commitment to reinvest divested funds** into renewable energy companies or renewable energy campus initiatives.
- 3 The institution is **entirely divested** from fossil fuels.
- The institution has **partially divested** from fossil fuel companies **or** has made a **commitment to fully divest**, but **currently** still has fossil fuel investments.
- The institution has **not divested** from fossil-fuel companies, but faculty and/or students are **conducting organized advocacy** for divestment.
- Yes, the institution has investments with fossil-fuel companies and there have been **no efforts** to change that.

*Score explanation:* Dartmouth <u>divested</u> in Fall 2021 following advocacy by the undergraduate group <u>Divest Dartmouth</u>, though it will continue to hold current fossil fuel investments until expiry.

# Section Total (11 out of 32) 34.38%

### Back to Summary Page here

Are there additional sustainability resources offered at your medical school or institution not yet asked about that you would like to describe? If so, please do so below.

# Grading

### **Section Overview**

This section focuses on the grading of the report card. The institution received a grade for each of the individual sections as well as an overall institutional grade. Section point totals were tallied, divided by the total points available for the section, and converted to a percentage. The overall institutional grade is a weighted average of the section grades, with curriculum receiving a higher weight owing to its larger number of metrics. Letter grades for each section and the institution overall were then assigned according to the table below.

Letter Grade*	Percentage	
A	80% - 100%	
В	60% - 79%	
С	40% - 59%	
D	20% - 39%	
F	0% - 19%	

### Planetary Health Grades for the Geisel School of Medicine at Dartmouth

The following table presents the individual section grades and overall institutional grade for the Geisel School of Medicine at Dartmouth on this medical-school-specific Planetary Health Report Card.

Section	Raw Score %	Letter Grade
Planetary Health Curriculum (30%)	$(40/72) \times 100 = 55.56\%$	C+
Interdisciplinary Research (17.5%)	$(10/17) \times 100 = 58.82\%$	C+
Community Outreach and Advocacy (17.5%)	(5/14) x 100 = 34.71%	D+
Support for Student-led Planetary Health Initiatives (17.5%)	(11/15) x 100= 73.33%	В
Campus Sustainability (17.5%)	$(11/32) \times 100 = 34.38\%$	D
Institutional Grade	(Ax0.3 + Bx0.175 + Cx0.175 + Dx0.175 + Ex0.175) = 52.06%	C

# **Report Card Trends**

### **Section Overview**

This graph demonstrates trends in overall and section grades for the years in which the Geisel School of Medicine has participated in the Planetary Health Report Card initiative.

# PHRC Trends for the Geisel School of Medicine at Dartmouth

