

# Planetary Health Report Card: Pharmacy

### Virginia Commonwealth University



#### 2023-24 Contributing Team:

- Students: Allison Gallagher
- Faculty Mentors Dr. Joseph DiPiro
- \*Primary Contact: Allison Gallagher, gallagherah@vcu.edu

#### **Statement of Purpose**

#### Planetary health is human health.

The Planetary Health Alliance describes planetary health as, "a solutions-oriented, transdisciplinary field and social movement focused on analysing and addressing the impacts of human disruptions to Earth's natural systems on human health and all life on Earth"[1]. This definition is intentionally broad, intended to encompass the multitude of ways that the environment can affect health, including water scarcity, changing food systems, urbanisation, biodiversity shifts, natural disasters, climate change, changing land use and land cover, global pollution, and changing biogeochemical flows. The health of humanity is dependent on our environment and our environment is changing rapidly and in disastrous ways. Although the World Health Organization has called climate change "the single biggest health threat facing humanity" [2] many pharmacy schools' institutional priorities do not reflect the urgency of this danger to human health. Fossilfuelled electricity and gas and medical or pharmaceutical products used in healthcare account for around 8% of the total global greenhouse gas footprint of healthcare[3] with pharmaceutical waste also providing a dangerous contaminant to our water systems [4]. Metered dose inhalers contribute 500g CO<sub>2</sub>eq per dose [5], whilst air pollution causes 7 million deaths per year worldwide and exacerbates chronic respiratory disease [6]. Pharmacy therefore has a direct and detrimental impact on planetary health and this contradiction in patient care must be addressed and actioned.

As future health professionals, we must be prepared to address the impacts of human-caused environmental changes on our patients' health. This preparation is in the hands of the institutions providing our pharmacy training. It is imperative that we empower those who are educating pharmacy students about the health impacts of climate change and other anthropogenic environmental changes, generating research to better understand health impacts and solutions, supporting related student initiatives, embracing sustainable practices as much as possible, and engaging with surrounding communities that are most affected by environmental threats, and hold those who are not accountable. Because climate change and environmental threats disproportionately affect vulnerable populations [7] (for example, communities of colour, older adults sensitive to health threats, and individuals in low-resource settings), these issues are inherently ones of equity and justice.

With the purpose of increasing planetary health awareness and providing recommendations and opportunities for improvement among pharmacy schools, we have created a Planetary Health Report Card that pharmacy students internationally can use to grade and compare their institutions on an annual basis. This pharmacy-student-driven initiative aims to compare pharmacy schools nationally and internationally on the basis of discrete metrics in five main category areas: 1) planetary health curriculum, 2) planetary health research, 3) university support for student planetary health initiatives, 4) community outreach centred on environmental health impacts, and 5) pharmacy school campus sustainability.

#### **Definitions & Other Considerations**

#### **Definitions:**

- Planetary Health: is described by the *Planetary Health Alliance* as "a solutions-oriented, transdisciplinary field and social movement focused on analysing and addressing the impacts of human disruptions to Earth's natural systems on human health and all life on Earth" [1]. For example, topics such as climate change, declining biodiversity, shortages of arable land and freshwater, and pollution would all fall under the realm of planetary health. Both planetary health and traditional 'environmental health' examine the relationship between human health and the external environment, including extreme temperatures, chemicals, vector-borne diseases, etc. Planetary health explicitly concerns itself with the potential health harms associated with human-caused perturbations of natural systems. Therefore, the human health focus of planetary health makes the field well-adapted for the context of pharmacy school education. Throughout this report card, we use the term planetary health to refer to this broad swath of topics, but resources do not need to explicitly include the term "planetary health" to satisfy the metric.
- Education for Sustainable Healthcare (ESH): is defined as "the process of equipping current and future health professionals with the knowledge, values, confidence and capacity to provide environmentally sustainable services through health professions education. We define a health professional as a person who has gained a professional qualification for work in the health system, whether in healthcare delivery, public health or a management or supporting role and education as 'the system comprising structures, curricula, faculty and activities contributing to a learning process" [8]. Planetary Health Education is an integral part of this education rather than an end in itself. This is because knowledge about planetary health is required to fully understand the necessity of sustainable healthcare. It is also part of the broader knowledge needed to fully protect and promote health.
- Pharmacy School vs. Institution: When "pharmacy school" is specified in the report card, this only refers to the curriculum and resources offered by the school of pharmacy and does not include offerings from other parts of the university (for example, undergraduate departments [USA], other related departments e.g. Public Health, Population Health departments). In contrast, when "institution" is specified in the report card, we are referring to the university more broadly. Any resource reasonably accessible by pharmacy students, no matter where in the institution the resource comes from or if it is specifically targeted for pharmacy students, can meet this metric.
- **Community organisations:** For most institutions, there are existing groups that are not directly affiliated with the university and exist as a product of what the community the institution exists in cares about or needs. These specific community organisations

relevant to this report include those that are focused around some aspect of climate and health preservation. These community organisations can include but are not limited to local mutual aid initiatives, underserved-resource distribution groups, clean-up and nature conservation groups, community gardeners, and other environmental-related organisations. If your institution does not have access to local volunteerships with community groups, please report any community organisations your institution or school has collaborated with.

### **Summary of Findings**

Overall	D
Curriculum	
<ul> <li>Planetary health topics are not often covered in the core curriculum. If covered, they are only briefly mentioned and not covered in depth.</li> <li>There are no electives currently offered at VCU that explore planetary health. There is an interdisciplinary global health elective</li> <li>VCU is currently working to update the curriculum, serving as an opportunity to incorporate planetary health topics both more frequently and in-depth.</li> </ul>	
Planetary Health Research	С
<ul> <li>There is planetary research conducted by professors at VCU in the Medicinal Chemistre.</li> <li>There is a lack of planetary health research in other departments of the school.</li> <li>During P3 year, there is an option for students to work with professors on a research professors are able to choose their topic for the project, however students typically a professors with projects related to topics they have previously conducted research in.</li> </ul>	roject for credit.
Community Outreach and Advocacy	F+
<ul> <li>The university has a whole is active within the sustainability community</li> <li>The School of Pharmacy may partner with the community to conduct sustainability-rela few times each year, but these events continue to be student-led initiatives and not any of the school.</li> </ul>	
Support for Student-Led Initiatives	С
The School of Pharmacy offers lots of opportunities for students to take their own initial be on a research topic or starting a new student organization, among other activities. S choose a topic on sustainability on their, however VCU is not actively offering these op students	tudents may portunities for
<ul> <li>Our sustainability organization within the school of pharmacy "The Sustainable Pharma (SPP)" is currently lacking both faculty and peer support from the school despite recruit</li> </ul>	•
Campus Sustainability	С
VCU has several programs to create campus sustainability, but are oftentimes not advestudents, creating an opportunity for the school to increase outreach/advertising on sustainatives	

 The ONE VCU Sustainability plan offers an exciting opportunity for VCU to further develop campus sustainability

#### **Planetary Health Curriculum**

<u>Section Overview:</u> This section evaluates the integration of planetary health topics into the pharmacy school curriculum. Today's pharmacy students will be on the frontlines of tackling the health effects of climate and other environmental changes. Therefore, it is critical that pharmacy students understand planetary health issues and principles.

1.	1. Does your pharmacy school curriculum address the impacts of extreme weather events on individual health and/or on healthcare systems?	
3	This topic is explored in depth by the core curriculum.	
2	This topic is briefly covered in the core curriculum.	
1	This topic is covered in elective coursework.	
0	This topic is not covered.	
Score explanation: Not covered		

2. Does your pharmacy school curriculum address the environmental impact of medicines in terms of their pollution, ecological impact and contamination of water systems?	
3	This topic is explored in depth by the core curriculum.
2	This topic is briefly covered in the core curriculum.
1	This topic is covered in elective coursework.
0	This topic is not covered.
Score explanation: Not covered	

3. Does your pharmacy school curriculum address the health effects of pharmaceutical industry- and manufacturing-related environmental toxins?	
3	This topic is explored in depth by the core curriculum.
2	This topic is briefly covered in the core curriculum.
1	This topic is covered in elective coursework.
0	This topic is not covered.

Score explanation: Maybe mentioned briefly in Biopharmaceutics, but most students did not recognize learning about this topic

	4. Does your pharmacy school curriculum address the carbon footprint of healthcare systems?	
3	This topic is explored in depth by the core curriculum.	
2	This topic is briefly covered in the core curriculum.	
1	This topic is covered in elective coursework.	
0	This topic is not covered.	
Score explanation: Insert explanation here.		

5. Does your pharmacy school curriculum address the impact of climate change on the changing patterns of infectious diseases and increased antimicrobial resistance?	
3	These topics are explored in depth by the core curriculum.
2	These topics are briefly covered in the core curriculum.
1	These topics are covered in elective coursework.
0	These topics are not covered.

Score explanation: Mentioned in infectious disease module briefly with more emphasis on how the overuse of antibiotics impacts antimicrobial resistance rather than the environmental factors.

6. Does your pharmacy school curriculum address the respiratory health effects of climate change and air pollution?	
3	This topic is explored in depth by the core curriculum.
2	This topic is briefly covered in the core curriculum.
1	This topic is covered in elective coursework.
0	This topic is not covered.
Score explanation: Mentioned in the respiratory module as an exacerbating factor multiple times, however this topic was not developed any further than that.	

	7. Does your pharmacy school curriculum address the cardiovascular health effects of climate change, including increased heat?	
3	This topic is explored in depth by the core curriculum.	
2	This topic is briefly covered in the core curriculum.	
1	This topic is covered in elective coursework.	
0	This topic is not covered.	
Score explanation: Not covered		

8. Does your pharmacy school curriculum address the relationship between climate change and allergies?

3	This topic is explored in depth by the core curriculum.
2	This topic is briefly covered in the core curriculum.
1	This topic is covered in elective coursework.
0	This topic is not covered.
C	

Score explanation: Mentioned briefly in the Respiratory clinical module (maybe from a reading) but does not explicitly point to climate change as the culprit, more multifactorial

9. Does your pharmacy school curriculum address the mental health and neuropsychological effects of environmental degradation and climate change?	
3	This topic is explored in depth by the core curriculum.
2	This topic is briefly covered in the core curriculum.
1	This topic is covered in elective coursework.
0	This topic is not covered.
Score explanation: Not covered	

10. Does your pharmacy school curriculum address the unequal regional health impacts of climate change nationally and globally, including the impact of social inequality?	
3	This topic is explored in depth by the core curriculum.
2	This topic is briefly covered in the core curriculum.
1	This topic is covered in elective coursework.
0	This topic was not covered.
Score explanation: There is a global health elective offered P3 year	

# 11. Does your pharmacy school curriculum address the relationship between climate change and social determinants of health (e.g., reduced nutritional value of food)? 3 This topic is explored in depth by the core curriculum. 2 This topic is briefly covered in the core curriculum. 1 This topic is covered in elective coursework. O This topic is not covered.

Score explanation: Social determinants of health are introduced P1 year and brought up every now and then throughout the curriculum

# 12. Does your pharmacy school curriculum address the environmental and health cobenefits of a plant-based diet?

- 3 This topic is explored in depth by the core curriculum.
- 2 This topic is briefly covered in the core curriculum.
- 1 This topic is covered in elective coursework.
- 0 This topic was not covered.

Score explanation: Plant based diets are mentioned, but mostly in the light of additional nutritional supplementation needed for those choosing to eat plant based, shining this diet more in a negative light, rather than encouraging.

# 13. Does your pharmacy school curriculum cover these components of sustainable clinical practice? (1 point each)

- Waste production within the healthcare system and strategies for reducing waste in clinical activities such as single use plastic and packaging.
  - Patient counselling on safe disposal of medications. For example, what can be disposed of and how to locate recycling schemes, in addition to certain drugs or drug classes that are most important to dispose of properly (e.g. hormonal contraceptives, drugs that are excreted unchanged/active metabolites).

The impact of extreme heat, on patients on medications which can interfere with thermoregulation The impact of anaesthetic gases on the healthcare carbon footprint. 1 1 The environmental impact of pharmaceuticals and over-prescribing as a cause of climate health harm. Alternatively, teaching on de-prescribing where clinically appropriate and its environmental and health co-benefits would fulfil this metric. 1 The health and environmental co-benefits of non-pharmaceutical management of conditions where appropriate such as exercise or yoga classes for type 2 diabetes; social group activities such as gardening for mental health conditions; active transport such as bicycle schemes for obesity. This is commonly known as social prescribing in the UK. 1 The impact and benefits of benign by design pharmaceuticals through exploring medicinal chemistry concepts and/or discussing implications of excretion of active metabolites/unchanged drug products on ecological systems

Please highlight all metrics that apply to your pharmacy school and insert explanations below.

Score explanation: Patient counseling on proper disposal introduced P1 skills lab and reinforced throughout. The problem of overprescribing has been touched upon in several modules, and deprescribing has also been a focus when appropriate. P1 year there is a diabetes prevention program class where students become certified to be a life coach, and non-pharm interventions are enforced in each clinical module, however the environmental impacts of these non-pharm interventions are rarely mentioned.

# 14. Does your pharmacy school curriculum discuss the environmental implications of various dosage forms, medication delivery devices, and/or excipients? 3 This topic is explored in depth by the core curriculum. 2 This topic is briefly covered in the core curriculum. 1 This topic is covered in elective coursework. O This topic is not covered. Score explanation: Not covered

15. In training for patient communication, does your pharmacy school's curriculum introduce strategies for having conversations with patients about the health effects of climate change?	
3	Yes, there are clear and detailed strategies introduced for having conversations with patients about climate change in the core curriculum.
2	Yes, having conversations with patients about climate change is briefly mentioned in the core curriculum.
1	Yes, there are some examples of having conversations with patients about climate change in elective coursework.
0	No, there are not strategies or examples for having conversations with patients about climate change
Score explanation: Not covered	

16. Does your pharmacy school curriculum guide students to consider the environmental impact of medications as a factor in addition to safety, efficacy, cost, and pill burden when comparing equivalent therapies?		
3	This topic is explored in depth by the core curriculum.	
2	This topic is briefly covered in the core curriculum.	
1	This topic is covered in elective coursework.	
0	This topic is not covered.	
Score explanation: Not covered		

## 17. Is your pharmacy school currently in the process of implementing or improving Education for Sustainable Healthcare (ESH)/planetary health education?

- 4 Yes, the school is currently in the process of making major improvements to ESH/planetary health education.
- Yes, the school is currently in the process of making minor improvements to ESH/planetary health education.
- 0 No, there are no improvements to planetary health education in progress.

Score explanation: The curriculum committee is working on adding a course to the P2 curriculum known as the "Ethical Pharmacist" which will include topics related to sustainability and safe medication disposal, environmental effects/climate change and impacts on health, natural disasters and safe storage of medications, and potentially other related topics. P3 year, there are plans to include an interdisciplinary elective with the medical students that will allow more application and project work related to planetary health education.

# 18. Does your pharmacy school have a member of faculty to incorporate planetary health and sustainable healthcare as a theme throughout the curriculum?

- 4 Yes, there is/are a member(s) of faculty whose role is directly responsible for the incorporation of planetary health and sustainable healthcare as a theme throughout the curriculum
- Yes, there is/are member(s) of faculty who are incorporating planetary health and sustainable healthcare as a theme throughout the curriculum as well as doing their principle role
- There are no members of faculty who are incorporating planetary health and sustainable healthcare as a theme throughout the curriculum

Score explanation: None

19. Does your pharmacy school curriculum offer clinical practice experiences (for
example, IPPE/APPE rotations in the U.S. or placement opportunities in the UK) that
allow for the exploration of planetary health topics?

- There are multiple clinical practice experiences/placements that allow for direct exposure to planetary health topics.
- 2 There is one available clinical practice experience/placement that allows for direct exposure to planetary health topics.
- 1 There are available clinical practice experiences/placements that allow for indirect exposure to planetary health topics.
- No, there are no such clinical practice experiences/placements available through the pharmacy school.

Score explanation: The school allows for students to create their own APPE rotation opportunities if the site and preceptor for such a practice experience exists and qualifies for one of the standards required by the ACPE. All opportunities available are geared toward clinical pharmacy and many students do not undertake the process of finding sites. During IPPE/APPE students can ask their preceptors for more specific projects related to their interests, but opportunities are overall limited to explore planetary health topics.

20. Does your pharmacy school curriculum acknowledge a disparity in the effects of climate change? Specifically, does your curriculum address groups more vulnerable to environmental impacts, such as BIPOC, immigrant groups, low income populations, children, elderly, persons with disabilities, persons with pre-existing or chronic medical conditions?

3	This topic is explored in depth by the core curriculum.
2	This topic is briefly covered in the core curriculum.
1	This topic is covered in elective coursework.
0	This topic is not covered.

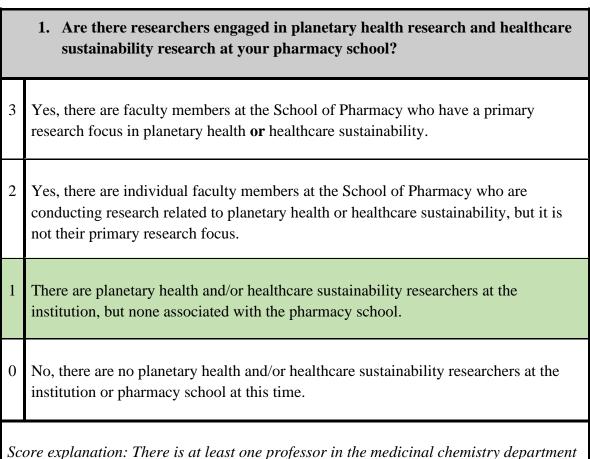
Score explanation: Not covered

22.73%

Are there additional curriculum resources offered at your school or institution not yet asked about that you would like to describe? If so, please do so below

#### **Planetary Health Research**

<u>Section Overview:</u> This section evaluates the quality and quantity of planetary health research at the school and with the broader institution. Interactions between health and the environment are complex and multifactorial. While climate change has been extensively studied from an environmental science perspective, planetary health is an emerging field. Pharmacy schools should support research in areas such as the health effects of climate change, adaptive measures and pharmacy's environmental impact.



of the SoP that is focused on developing antibiotics in a way to combat resistance development (see research focuses here: <a href="https://pharmacy.vcu.edu/medchem/research/">https://pharmacy.vcu.edu/medchem/research/</a>)

2. Has your institution recently provided extra curricular talks or learning opportunities on topics related to planetary health?

Yes, the **pharmacy school** has hosted at least one opportunity for extra learning on topics related to planetary health in the past year.

Yes, the **institution** has hosted at least one opportunity for extra learning on topics related to planetary health in the past year.

Yes, the institution has provided at least one opportunity for extra learning on topics related to planetary health in the past three years.

The institution has not hosted anything directly, but they have provided financial support for a local planetary health event.

Score explanation: The Sustainable Pharmacy Project has continued to host events such as our meet the team event to bring awareness to what we do, however we have been struggling to gain faculty and student support.

past three years.

- 3. Is there a process by which communities disproportionately impacted by climate change and environmental injustice give input or make decisions about the research agenda at your pharmacy school?
- Yes, there is a process in which community members impacted by climate and environmental injustice have decision-making power in the climate + environmental research agenda.
- Yes, there is a process in which community members impacted by climate and environmental injustice advise the climate + environmental research agenda.

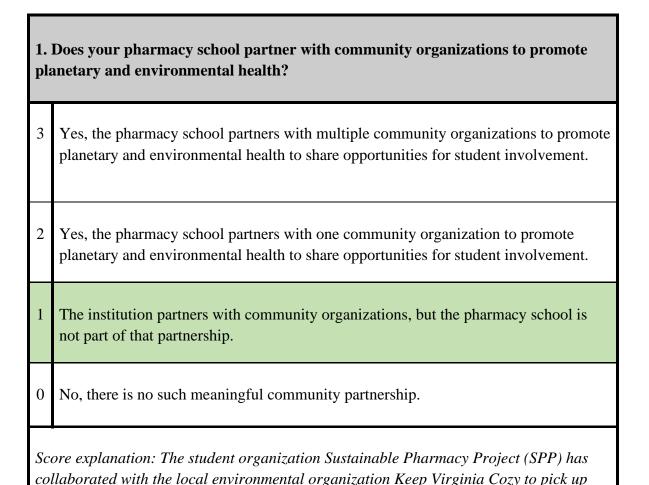
1	No, but there are current efforts to establish a process for community members to advise or make decisions on the research agenda.	
0	There is no process, and no efforts to create such a process.	
Score explanation:None		

Section Total (5 out of 10)	50.00%
-----------------------------	--------

Are there additional research resources offered at your school or institution not yet asked about that you would like to describe? If so, please do so below.

#### **Community Outreach and Advocacy**

Section Overview: This section evaluates pharmacy school engagement in community outreach and advocacy efforts associated with planetary health. Researching and teaching planetary health is necessary but not sufficient. It is critical that institutions also directly engage with communities most affected by environmental health harms. Although climate change is a problem largely created by those with power and resources, its impacts fall disproportionately on under-resourced populations and communities of colour. Institutions should partner with local communities affected by climate change and pollution to share information about environmental health threats, advocate together for change, and provide opportunities for students to be a part of this work.



trash during a community litter clean up. VCU SoP's chapter of Student National

Pharmaceutical Association (SNPhA) conducts Drug Take Back events for the community in partnership with local police. However, these events are more focused on drug diversion rather than the environmental impacts of improper drug disposal – yet, they help nonetheless. These events were not coordinated by the school and were entirely student-led

@vcusustainability on instagram is an account run from the undergraduate campus that raises awareness on VCU-related topics and local sustainable organizations, but the school of pharmacy specifically is not involved

# 2. Does your pharmacy school have coverage of issues related to planetary health and/or sustainable healthcare in their update communications?

- 2 Yes, all students regularly receive communication updates dedicated to planetary health and/or sustainable healthcare.
- 1 Yes, planetary health and/or sustainable healthcare topics are sometimes included in communication updates.
- O Students do not regularly receive communications about planetary health or sustainable healthcare.

Score explanation: No communications received

# 3. Is your pharmacy school a member of a national or international planetary health or ESH organization?

Yes, the school is a member of a national or international planetary health or ESH organization

0 No, the school is not a member of such an organization

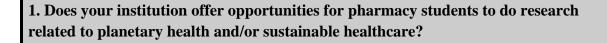
Score explanation: VCU does not participate

Section Total (1 out of 6) 16.67%

Are there additional community engagement and advocacy resources offered at your pharmacy school or institution not yet asked about that you would like to describe? If so, please do so below.

#### **Support for Student-Led Planetary Health Initiatives**

<u>Section Overview:</u> This section evaluates institutional support for student-led planetary health initiatives, such as funding, fellowships, programming, and student groups. Planetary health is a young field and, as young people facing a future deeply shaped by climate change, students are often some of the first at an institution to engage with it. Institutions should provide support for students to engage in sustainability quality improvement (QI) initiatives, discover mentors in their area of interest, and receive funding for planetary health projects.



- The institution has a specific research program or fellowship for students interested in doing planetary health/sustainable healthcare research.
- There are research opportunities for students to perform research related to planetary health/sustainable healthcare but these require student initiative to seek these out and carry them out in their spare time.
- There are no opportunities for students to engage in planetary health/sustainable healthcare research.

Score explanation: Our institution does a great job encouraging students to conduct research and providing opportunities to do so, however the only way this research would be sustainability-related was if the student took initiative to do so.

- 2. Does the pharmacy school provide access for students to specific information related to planetary health and/or sustainable healthcare activities and mentors within the school? For example, a web page detailing projects achieved, current initiatives underway at the pharmacy school and/or contact information for potential mentors.
- 2 The pharmacy school provides specific information related to planetary health or sustainable healthcare that includes up-to-date information on relevant initiatives and contact information of potential mentors.
- 1 The pharmacy school provides some information on projects and mentors within planetary health and sustainable healthcare within the school, but it lacks key information.
- O There is no pharmacy school specific access to planetary health and/or sustainable healthcare projects or mentors.

Score explanation: The ONE VCU Sustainability website (<a href="https://sustainabilityplan.vcu.edu/">https://sustainabilityplan.vcu.edu/</a> ) offers lots of great resources for the school as a whole, however no specific pharmacy school related resources

- 3. Does your University have registered student groups dedicated to fostering a culture of planetary health engagement, scholarship, and advocacy on campus, supported by faculty advisors?
- Yes, there is a student organization with faculty support at my University dedicated to planetary health or sustainability in healthcare.
- Yes, there is a student organization at my University dedicated to planetary health or sustainability in healthcare but it lacks faculty support.

No, there is not a student organization at my institution dedicated to planetary health or sustainability in healthcare.

Score explanation: Sustainable Pharmacy Project was founded at VCU 4 years ago but has failed to gain faculty support and is currently lacking peer support as well.

# 4. In the past year, has the institution had one or more extra-curricular planetary health programs or initiatives in the following categories? (1 point each)

- Projects where students are able to gain experience in organic agriculture and sustainable food systems, such as gardens, farms, community supported agriculture (CSA), fishery programs, or urban agriculture projects.
- Panels, speaker series, or similar events related to planetary health that have students as an intended audience.
- Events in which students learn directly from members of a local environmental justice community about the climate and environmental challenges they face, and how health professionals can partner with their community to address these exposures and impacts.
- 1 Cultural arts events, installations or performances related to planetary health that have students as an intended audience.
- 1 Local volunteer opportunities related to building community resilience to anthropogenic environmental impacts.
- Wilderness or outdoors programs (e.g., that organise hiking, backpacking, kayaking, or other outings for students)

Score explanation: There is a community garden on the MCV campus, on the undergraduate campus there is an outdoor adventure program. Organizations within the school also occasionally host drug take-back days to encourage proper disposal of medications within the community that students are able to volunteer for.

Section Total (6 out of 12)	50.00%
-----------------------------	--------

#### **Campus Sustainability**

<u>Section Overview:</u> This section evaluates the support and engagement in sustainability initiatives by the pharmacy school and/or institution. The healthcare industry is a major contributor to greenhouse gas emissions as well as pollution that harms local, regional, and global ecosystems. While healthcare is, by nature, a resource-intensive endeavour, the healthcare sector is well poised to lead the world to a more sustainable future. This will involve scrutinising every aspect of how our systems operate, from where we source our energy, to how we build our infrastructure, to what companies we invest in. Our pharmacy schools and institutions must set the standard for sustainable practices, and show other sectors what is possible when it comes to minimising environmental impact.

1. Do	1. Does your University have an Office of Sustainability?		
3	Yes, there is an Office of Sustainability with multiple full-time staff dedicated to campus sustainability. If the Office of Sustainability serves the entire campus, there is at least one designated staff member for sustainability at the pharmacy school.		
2	There is an Office of Sustainability with one or more full-time staff dedicated to campus sustainability, but no specific staff member in charge of pharmacy.		
1	There are no salaried sustainability staff, but there is a sustainability task force or committee		
0	There are no staff members or task force responsible for overseeing campus sustainability		

Score explanation: VCU does have a sustainability office, but no specific pharmacy delegate. However, when students were asked this question, most were unaware that the university does have a sustainability office.

2. How ambitious is your pharmacy school/institution's plan to reduce its own carbon footprint?		
4	The institution has a stated goal of carbon neutrality by 2030 or earlier and the pharmacy school has a well-defined and adequate plan in place to achieve this goal.	
3	Yes, there is a stated carbon neutrality goal by at least 2040 and the school has a well-defined and adequate plan in place to achieve this goal.	
2	Yes, there is a stated carbon neutrality goal by at least 2040, but the pharmacy school has not created a plan to reach that goal or the plan is inadequate.	
1	There is a CO2 emission reduction goal, but it is not one of carbon neutrality.	
0	There is no stated goal for reduction of CO2 emissions.	

Score explanation: Per the draft of ONE VCU Sustainability plan (set to be released August 2024) the institutions goal is the be carbon neutral by 2050, but the pharmacy school does not have any specific plans set in place to contribute

3. Does your pharmacy school have an organics recycling program (compost) and a conventional recycling program (aluminium/paper/plastic/glass)?

- Yes, the pharmacy school has both compost and recycling programs accessible to students and faculty.
- The pharmacy school has either recycling or compost programs accessible to students and faculty, but not both.
- 0 There is no compost or recycling program at the pharmacy school.

Score explanation: We do have recycling (no compost), but it is unclear if what goes in the bin actually gets recycled. Also many students are unaware that we do have a recycling program since the bins look very similar to the trash bins, and regular trash often gets thrown into the recycling

# 4. Does your pharmacy school provide paperless teaching? e.g. lecture materials, exam papers, hand-outs

- The whole course is delivered using online modalities of assignment, lecture, and examination delivery.
- 2 The majority of the course is delivered using online modalities with exception to few assignments where paper is still encouraged.
- Some of the course is delivered using online modalities, but the majority of assignments and examinations are on paper.
- None of the coursework is delivered using online modalities and paper printing is widespread.

Score explanation: Most classes are 100% virtual, including exams, but paper is still used in Foundation Skills lab Courses and if having technical difficulties with online exams

# 5. Does your pharmacy school have programs and initiatives to assist with making lab spaces more environmentally sustainable?

- Yes, the school has programs and initiatives to assist with making lab spaces more environmentally sustainable.
- 1 There are guidelines on how to make lab spaces more environmentally sustainable, but not programs or initiatives.
- O There are no efforts at the school to make lab spaces more sustainable.

Score explanation: VCU has designed laboratories that were modular in design that would not require customized features and could be reconfigured if necessary.

#### 6. Does your institution have a strategy or timeline for divestment from fossil fuels?

- 4 The institution has fully divested from fossil fuels
- 3 Yes, the institution has solid divestment plans and a set timeline in which to divest by
- The institution has committed to divestment but does not have a set strategy or timeline

1	The institution has mentioned divestment but doesn't have a strategy or timeline	
0	No, there are no plans nor mention of divestment from fossil fuels	
Score explanation: No mention of fossil fuels in ONE VCU Sustainability Plan		

Section Total (9 out of 18)	50.00%
-----------------------------	--------

Are there additional sustainability resources offered at your school or institution not yet asked about that you would like to describe? If so, please do so below.

#### Grading

#### **Section Overview**

This section focuses on the grading of the report card. The institution received a grade for each of the individual sections as well as an overall institutional grade. Section point totals were tallied, divided by the total points available for the section, and converted to a percentage. The overall institutional grade is a weighted average of the section grades, with curriculum receiving a higher weight owing to its larger number of metrics. Letter grades for each section and the institution overall were then assigned according to the table below.

Letter Grade*	Percentage
A	80% - 100%
В	60% - 79%
С	40% - 59%
D	20% - 39%
F	0% - 19%

#### Planetary Health Grades for the Virginia Commonwealth University School of Pharmacy The following table presents the individual section grades and overall institutional grade for the Virginia Commonwealth University School of Pharmacy on this pharmacy-school-specific

Planetary Health Report Card.

Section	Raw Score	Letter Grade
Planetary Health Curriculum (59%)	(15 / 66) x 100 = 22.73%	D-
Planetary Health Research (9%)	(5 / 10) x 100 = 50.00%	С
Community Outreach and Advocacy (5%)	(1 / 6) x 100 = 16.67%	F+
Support for Student-led Planetary Health Initiatives (11%)	(6 / 12) x 100 = 50.00%	С
Campus Sustainability (16%)	(9 / 18) x 100 = 50.00%	С
Institutional Grade	$(23x0.59) + (50\ x0.09) + (17x0.05) + \\ (50\ x0.11) + (50\ x0.16) = 32.42\%$	D

#### References

1. PLANETARY HEALTH - Planetary Health Alliance [Internet]. Planetary Health Alliance. 2022 [cited 24 February 2022]. Available from: https://www.planetaryhealthalliance.org/planetary-health

- 2. Climate change and health [Internet]. Who.int. 2021 [cited 24 February 2022]. Available from: https://www.who.int/news-room/fact-sheets/detail/climate-change-and-health
- 3. Lenzen M, Malik A, Li M, Fry J, Weisz H, Pichler PP, Chaves LS, Capon A, Pencheon D. The environmental footprint of health care: a global assessment. The Lancet Planetary Health. 2020 Jul 1;4(7):e271-9.
- 4. Patel M, Kumar R, Kishor K, Mlsna T, Pittman Jr CU, Mohan D. Pharmaceuticals of emerging concern in aquatic systems: chemistry, occurrence, effects, and removal methods. Chemical reviews. 2019 Mar 4;119(6):3510-673.
- 5. National Institute for Health and Care Excellence, NICE encourages use of greener asthma inhalers [Internet]. NICE. 2019 [cited 24 February 2022]. Available from: https://www.nice.org.uk/news/article/nice-encourages-use-of-greener-asthma-inhalers#:~:text=Metered%20dose%20inhalers%20have%20estimated,compared%20to%2020g%20in%20DPIs.
- 6. Urgent health challenges for the next decade. World Health Organization. 2020.[cited 24 February 2022]. Available from: <a href="https://www.who.int/news-room/photo-story/photo-story-detail/urgent-health-challenges-for-the-next-decade">https://www.who.int/news-room/photo-story/photo-story-detail/urgent-health-challenges-for-the-next-decade</a>
- 7. Thomas K, Hardy RD, Lazrus H, Mendez M, Orlove B, Rivera-Collazo I, Roberts JT, Rockman M, Warner BP, Winthrop R. Explaining differential vulnerability to climate change: A social science review. Wiley Interdisciplinary Reviews: Climate Change. 2019 Mar;10(2):e565.
- 8. Shaw E, Walpole S, McLean M, Alvarez-Nieto C, Barna S, Bazin K, Behrens G, Chase H, Duane B, El Omrani O, Elf M. AMEE consensus statement: planetary health and education for sustainable healthcare. Medical teacher. 2021 Mar 4;43(3):272-86.